
DIY HALLOWEEN Makeup & Treats
OCTOBER 2015
seventeen
10 WAYS TO GET YOUR PARENTS TO SAY YES!
ZOELLA
Opens Up About Her Anxiety
"My Life Is Not Perfect"
TYLER OAKLEY
He Said What?!?
His O-M-G Confessions
+45 SOCIAL MEDIA FAVES
ON CONFIDENCE, STYLE & THEIR EXPERT YOUTUBE ADVICE
STAY WARM, LOOK COOL
CUTE COATS FOR FALL
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"She accepts people for who they are. She's never questioned anything about me. I can just be me."
–Tyler Oakley

"I instantly felt like we'd been mates forever, and you never feel like there's any distance."
–Zoella

Friendship Goals!

ON TYLER:
JACKET AND PANTS ASOS.
SHIRT Whistles.

ON ZOELLA:
SWEATER J.Crew.
SKIRT Boohoo.com.
NECKLACE, EARRINGS, AND RING ON RIGHT HAND Freedom at Topshop.

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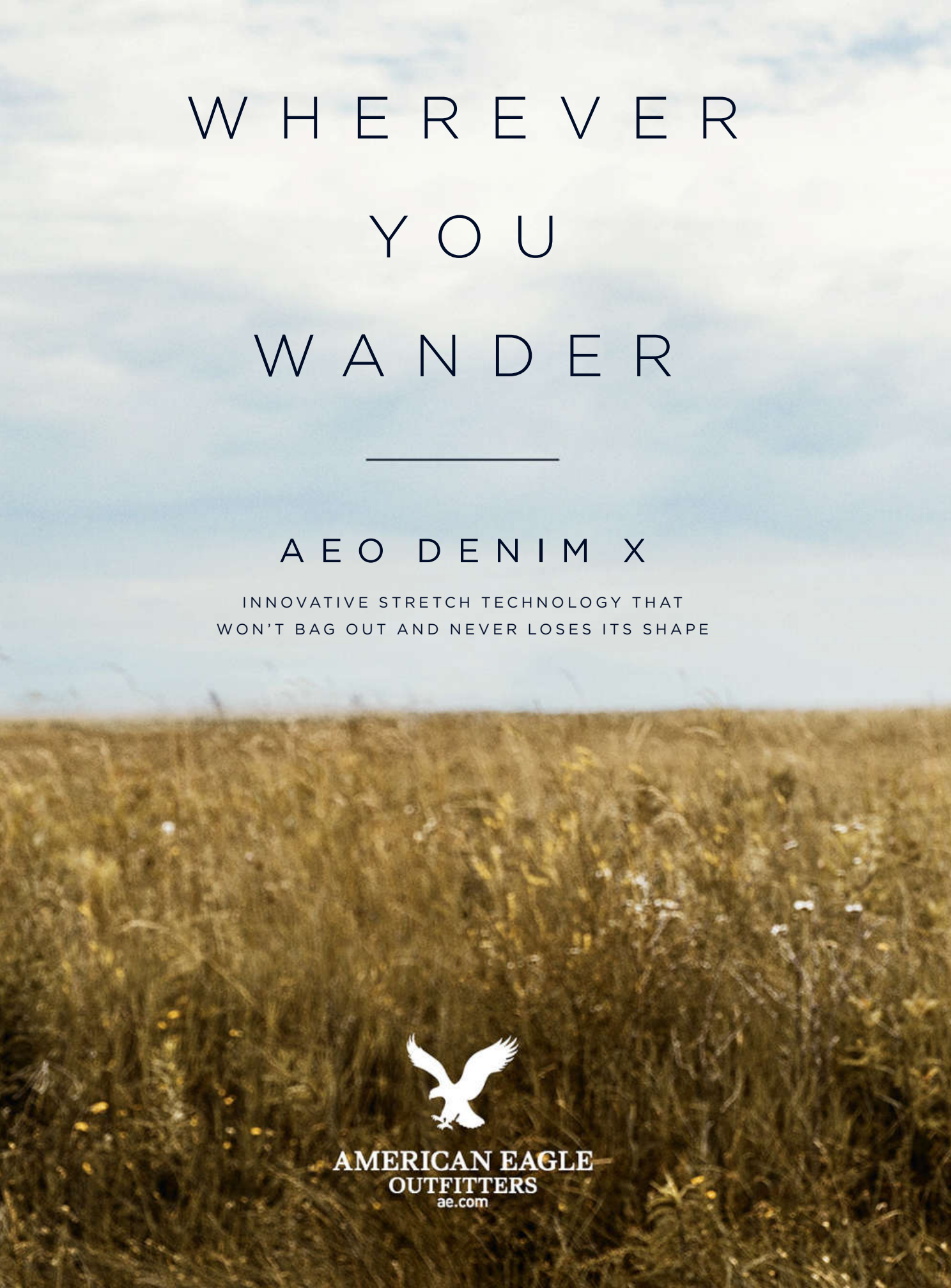
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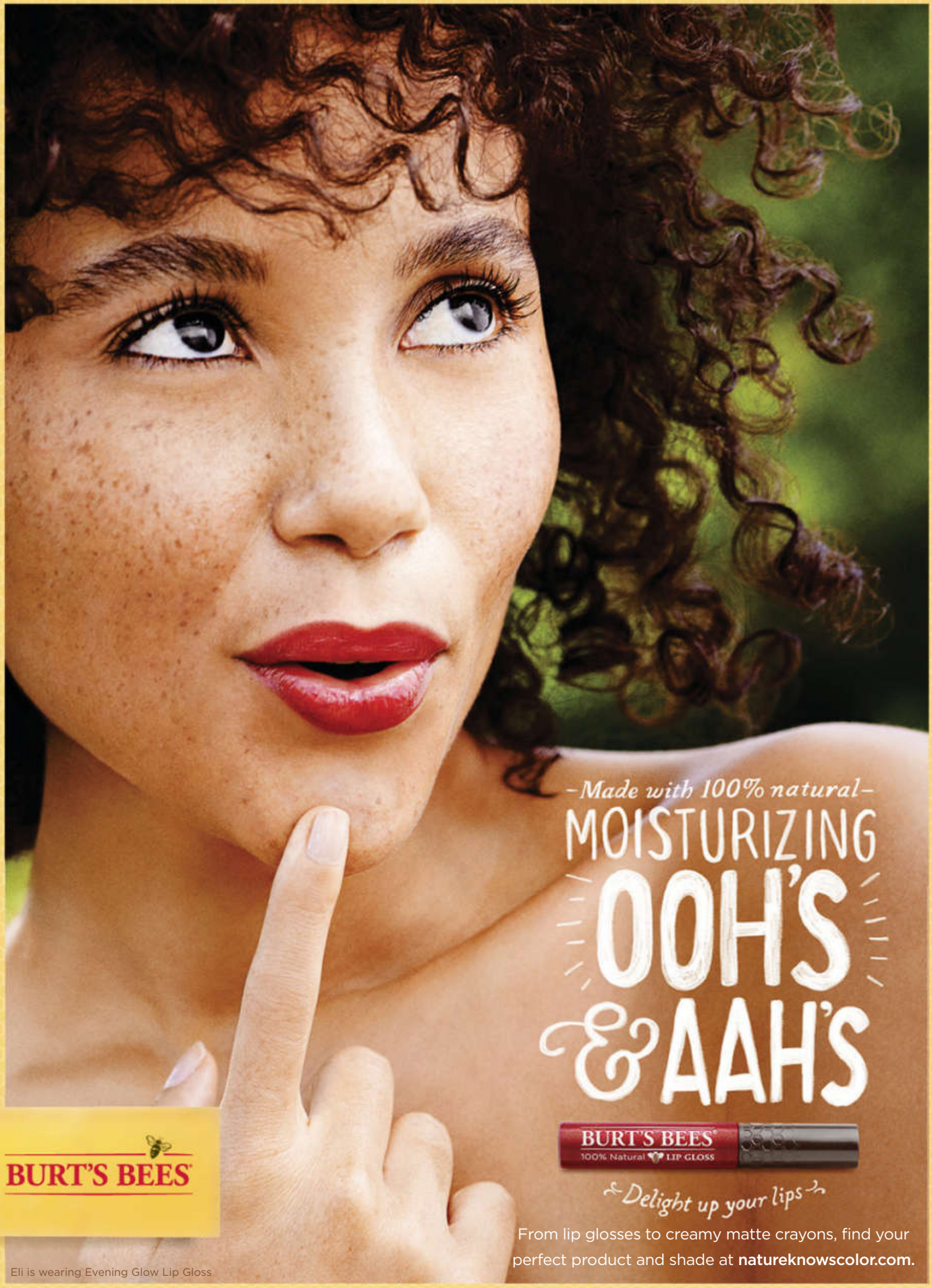
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Eli is wearing Evening Glow Lip Gloss

OCT



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See page 131 for details, or log on to octobersurvey.seventeen.com.

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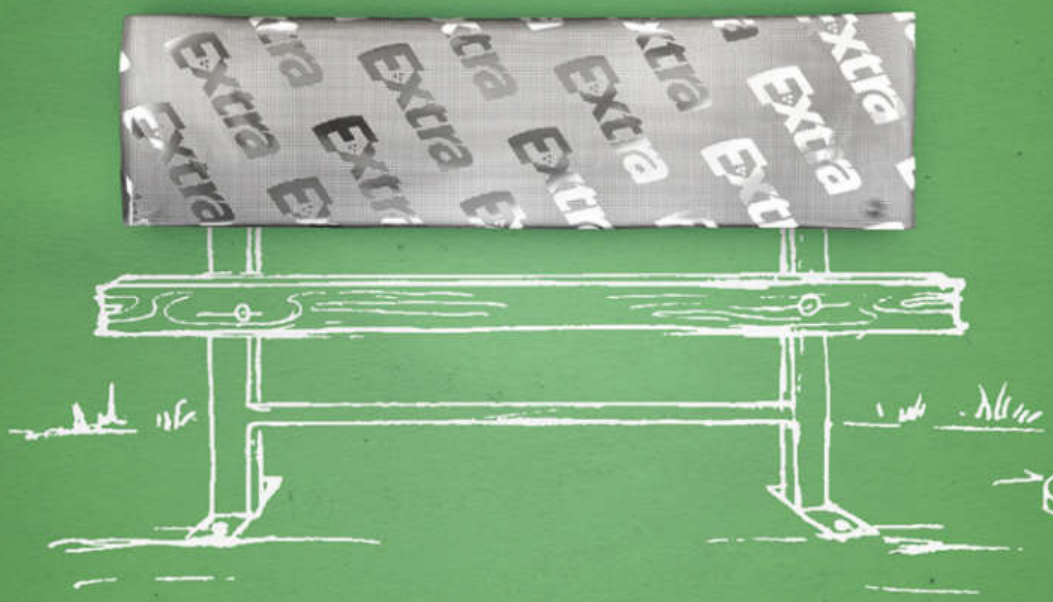
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"IT'S ALL ABOUT . . . YOU!": AARON RICHTER. FASHION STYLIST: PRESTON KONRAD. HAIR: DANILO. PANTENE GLOBAL AMBASSADOR AND CELEBRITY STYLIST. MAKEUP: JENNY KANAVAROS USING YSL ROUGE PUR COUTURE AT HONEY ARTISTS. MANICURE: JULIE KANDALEC FOR DIOR VERNIS. "DOUBLE UP!": PERRY HAGOPIAN. FASHION EDITOR: ADAM MANSUROGLU. HAIR: NATASHA LEIBEL FOR ABTP.COM. MAKEUP: JAMIE DORMAN FOR ABTP.COM. MANICURE: TATYANA MOLOT FOR ABTP.COM.

CONVERSATIONS ABOUT NOTHING IN PARTICULAR



Sometimes, the little things last the longest.

give 

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ON ZOELLA: TOP J. Crew. *NECKLACE AND EARRINGS* Freedom at Topshop. *ON TYLER: JACKET* ASOS. *SHIRT* Whistles.

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HE SAID, SHE SAID

Zoe and Tyler talk about how they became such great friends—and more!

BEHIND THE SCENES WITH TYLER & ZOELLA

• London Calling

The long-distance BFFs—he lives in Los Angeles, she lives near London—reunited in the UK for their first photo shoot together. While they usually keep in touch via Skype or Twitter, Tyler says he tries to get to London as much as possible: "I'm like, 'Zoe, I need to see you!' "

• Double Cuteness

Zoe was joined by her boyfriend, Alfie, and their adorable black pug, Nala. "We just got a puppy, so it makes it a little harder to get away," says Zoe. They found future dog-sitters though: The crew played with Zalfie's pup every chance they got!

• Friend Zone

When they weren't posing, the pair gave each other piggyback rides and checked out photographer Bella Howard's Polaroids (above).





ON ZOELLA: (newsstand cover) shirt, Frame; skirt, ASOS; earrings, Elizabeth and James; ring, Stella & Dot; (subscriber cover) dress and collar, ASOS; shirt, Rebecca Minkoff; earrings, Stella & Dot; bracelet (worn throughout), Zoella's own Cartier. ON TYLER: blazer, Tiger of Sweden; tee, Whistles; pants, BoohooMAN.

Fashion Stylist: Fiona Downie. Hair: Philippe Tholimet. Makeup: Carolyn Gallyer. Manicure: Jen McColl. Photographs: Bella Howard.

TO GET ZOELLA'S LOOK



1 Lashes L'ORÉAL PARIS Voluminous Butterfly Intenza Mascara in Black, $9, drugstores

2 Liner L'ORÉAL PARIS The Super Slim Liner by Infallible, $9, drugstores

3 Lips L'ORÉAL PARIS Colour Riche La Lacque Lip Pen in Lacque-y You, $10, drugstores

4 Face L'ORÉAL PARIS Infallible Pro-Matte Powder, $13, drugstores

Scent

Channel Zoella's sweet vibes with a raspberry-and-chocolate-infused spray.

CALVIN KLEIN Euphoria Essence Eau de Parfum Spray, $89 for 3.4 oz., Macy's

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Let's talk about that time I rolled up in a pink onesie covered in sprinkles to meet Tyler Oakley. Tyler greeted me with a huge smile and a hug, saying, "I've never seen that onesie before! That's impressive because I've seen *a lot.*" We then chatted for an hour (page 100), and I experienced IRL why seven million people love him: **Tyler makes you feel like an instant BFF.**



Onesies for All!
Job description for Editor of *Seventeen:* Must be willing to join hundreds of screaming teens at Tyler Oakley's Slumber Party show in Anaheim, California. Mission accomplished!

This Social Media Issue is dedicated to *all* your online besties, from YouTube's resident funny girl Eva Gutowski to Insta's incredible illustrator Kristina Webb. (She created the artwork for our Social Media Awards story on page 104!) But the titles of King and Queen of the Internet go to Tyler and Zoe Sugg, aka Zoella. They were not just crowned for their fun vlogs and awesome friendship. **What I admire most about them is that they use their platforms for a purpose:** Zoe has helped millions with her candid videos about her anxiety—and she talked to me about her early struggles (page 94). And for the past two years, Tyler has raised more than a $1 million for the Trevor Project, a charity that helps at-risk LGBTQ teens.

They both show how you can use social media to shine a spotlight on what matters most to you. **What will you use your voice for?** We teamed up with American Eagle Outfitters and Pantene to put together one of the largest surveys about your generation to find out what's on your mind (page 120). **Fifty-seven percent of you support a cause when you have a personal connection to it.** You worry most about the environment. And 67 percent of you are confident in speaking your mind. Whether you express your passions in videos, Vines, Insta posts, or Snapchat stories, I can't wait to hear what you have to say.



Enter for a Chance to Win!
Zoe and Tyler are hooking you up! You could score a copy of Zoe's new book, *Girl Online: On Tour,* or a copy of Tyler Oakley's *Binge.* See page 131 for details!

Michelle

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17 POLL

WHAT'S YOUR GO-TO COSTUME?







WHAT YOU'RE PINNING

Get a gory-chic mani that's to die for. Paint nails with a nude base and let dry. Use a small paintbrush to dot blood-red polish on top and then streak the color toward your tips. Finish with a few loose dots.

For this and more nail art, visit pinterest.com/seventeen.

MOST ❤'D #OOTD

Follow @seventeen on Instagram for daily fashion inspo.



SHIRT John Eshaya.
SHORTS Joe's Jeans.
BAG Vince Camuto.
SNEAKERS Adidas.
HEADPHONES Frends.

OUR FAVE READER COMMENTS

@gillianbcohen
@Shaymitch you are life goals! Best magazine cover ever #SEVENTEEN



@hallie_parker
Great to know I'm not the only one with sweaty palms and a pounding heart when I'm with my crush! Thanks @Seventeen.

@thestylishprint
It's hard for me to find flattering high-waisted jeans, but the ones in Seventeen's August issue are too cool. I need them all!



@cheyennehollywood
Stumbled upon my favorite band, #MKTO, in @Seventeen! I love seeing them succeed #TonyOller #MalcolmKelley #RisingStars #Proud

@mermaidmerida
Yaaasssssss. Thanks @Seventeen for the awesome John Green feature! @JohnGreenWritesBooks #JohnGreen #SeventeenMag



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FINE TUNE
"I would call myself a pop artist with an alternative sound," Jacob says. His new EP, *Faces on Film,* is out October 23.

CRUSH ALERT!

Jacob Whitesides

The singer-songwriter, 17, plays a mean guitar, but it's his soothing voice that will give you all the feels.

Your first EP, *A Piece of Me,* made it to No. 1 on iTunes. Did you do anything special to celebrate?

I was actually home with my family so we ran around our house screaming, and the next day we went out to my favorite restaurant, Cracker Barrel, for some chicken tenders and mac and cheese. It was the best!

When did you discover your passion for music?

When I was 13, my dad took me to a bluegrass festival and after the concert, he inspired me to pick up a guitar and start playing. He taught me a couple of things, and the rest I learned on YouTube.

You started out by playing covers. Who is your favorite artist right now?

I'm always listening to Ed Sheeran's first album. My favorite song of his is "Lego House." I also love performing "Little Things" by One Direction, which Ed actually wrote. So Ed is definitely one of my favorite singer-songwriters. I wish to one day write as well as he does.

What do you look for in a girlfriend?

Going into a relationship, I am looking for someone who understands the career path I am on and someone who is going to be there for me. It does get hard being out on the road, and it gets lonely. I do have a girlfriend now who I love, so I am thankful for her.

–SERGIO KLETNOY

MARK YOUR iCAL



OCTOBER 6
Think fast! ***The Flash*** returns to The CW.



OCTOBER 8
Happy 18th, **Bella**! Yet another legit reason to enjoy in a cupcake.



OCTOBER 11
It's **International Day of the Girl,** but let's be real—every day is your day.



OCTOBER 15
Show your LGBT support by wearing purple on **#SpiritDay**!



OCTOBER 29
For **National Cat Day**, only cat-tastic pics are welcome.

@SEVENTEEN Get all the hottest trends and news.

Meet Malala

The new documentary *He Named Me Malala* is an up close look at a brave girl and her amazing story.

You've seen Malala Yousafzai accept the Nobel Peace Prize or campaign for girls' education through the Malala Fund. But what is the activist, 18, like when she's just hanging out at home? Director Davis Guggenheim followed Malala for 18 months and discovered that she teases her brothers like every teen. "When I walked into their house, I realized that they are a family just like my own," he says. "They're often chaotic or loud. You'd think they would be angry and bitter, but they are very joyous and grateful."



POWER GIRL
Despite all that she has gone through, "I'm still an ordinary girl," Malala says in the film.

GET APP-Y

YourMoji
Ever wonder what you'd look like as the dancing girl? Dreams do come true: This lets you create personalized emojis for your phone.

Legit
Keep track of shows to binge-watch and movies you like by creating a watchlist. Or if you're in a rut, find new suggestions based on friends' ratings.

SayWhat
It's like Vine and Urban Dictionary joined forces! Pick a phrase of the moment, record a fun vid explaining your definition, and share with the world.

Colorfy
It's like a coloring book but way cooler, smaller, more modern, and grown-up. Think: If Monet had a smartphone.

The New Kid in Class



SKYLAR STECKER
Not long ago, this 13-year-old from Wisconsin wowed her classmates at her school talent show—and now she has 27 million views on YouTube! Her debut album, *This Is Me*, is pop with a touch of R & B. In other words, Skylar and your playlist are about to be besties.

Halloween Treats

These no-bake recipes from @SweetButterDesserts are so cute, it's scary!



YUMMY MUMMY
Top an oval cracker with a slice of pepperoni, strips of mozzarella, and sliced black olives for eyes.

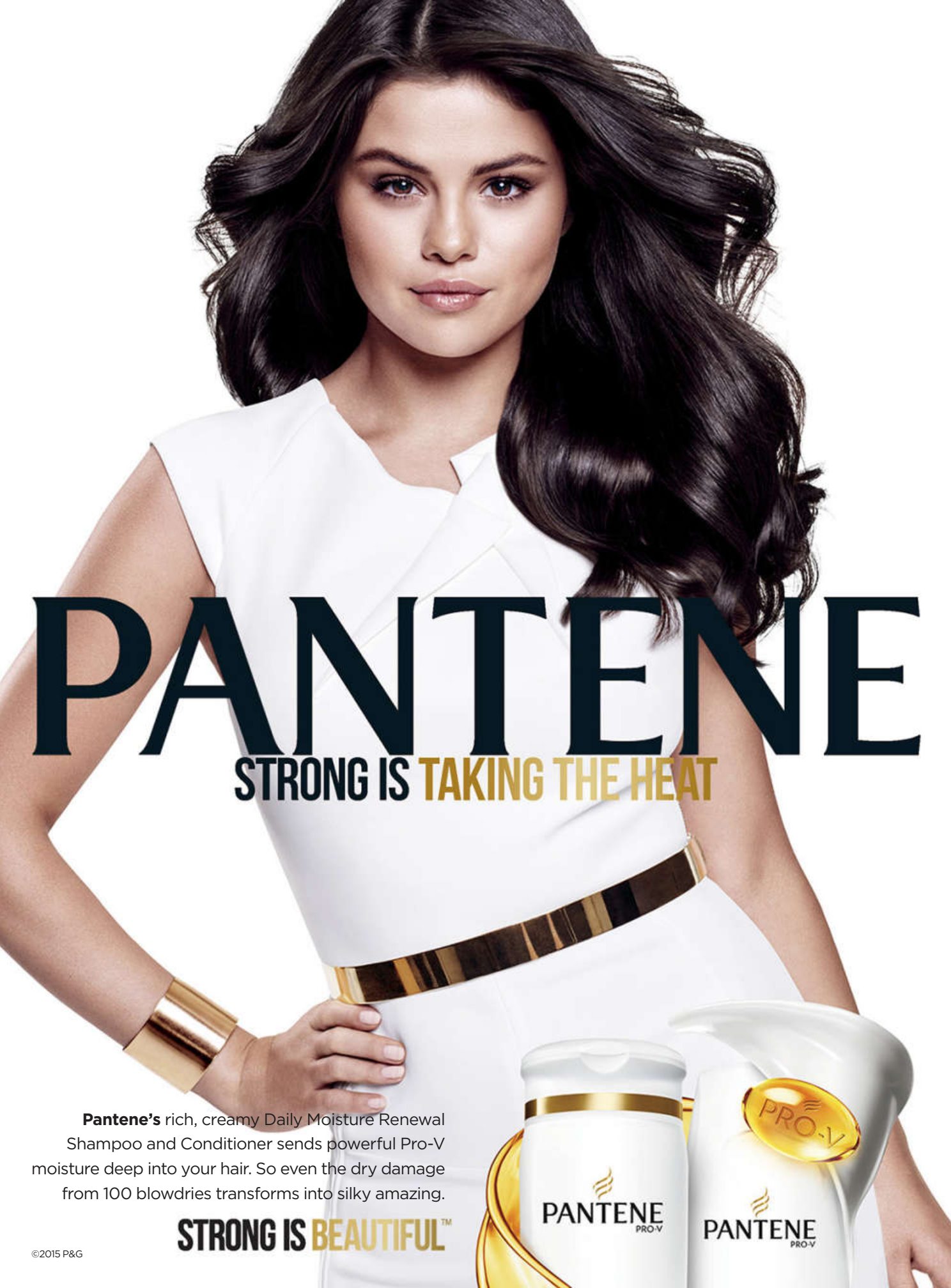
STRAW-BOO-RIES
Melt white chocolate; dip strawberries in it and place them on wax paper. Before they harden, make a face with mini chips, and then chill.



SWEET SPIDERS
Break pretzels into semi-circles and insert them in a doughnut to create legs. Stick on M&M's for eyes with melted chocolate chips.

Mini chocolate-covered doughnuts are perfect for a spider's body!

WHITESIDES: WILLIAM HEREFORD. GUSTIN (*THE FLASH*): MAARTEN DE BOER/GETTY IMAGES. THORNE: PAUL ARCHULETA/GETTY IMAGES. PARTY HAT: MOLLY DELONG/STUDIO D. CONVERSE: PEARLEYE/GETTY IMAGES. KITTEN: ARTHUR BELEBEAU. MALALA: COURTESY OF FOX SEARCHLIGHT. APPS: ITUNES STORE. TREATS: BEN GOLDSTEIN/STUDIO D. ALBUM: COURTESY OF CHERRYTREE RECORDS/INTERSCOPE.


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THE FAVES
Want to see more of our favorite social media stars? Turn to page 104!



Your New Book BAE

Emily Ables, 18 (@blueeyedbiblio), tells you the story about how she went from disliking reading to becoming an Insta-famous bookworm.

by ALEX ABEL

Your Insta feed (with more than 110,000 followers) is so beautiful. How do you get such amazing photos?

I always make sure I take my photos during the day when I have plenty of natural light—if you have too much lamp light, it gets grainy. I always use the same filter so my aesthetic is cohesive, and I edit everything using VSCO Cam.

What do you do with all of those books after you've read—and photographed—them?

I keep them all. I definitely need to get another bookshelf because I'm running out of space! Sometimes if I don't like a book very much, I will give it away. I have a Kindle and I'll use it occasionally, but I really do prefer the physical books. I think they're just beautiful—I love covers and the way books smell.

When did you decide to go from reading in your bedroom to sharing photos about your hobby?

I was a sophomore in high school. I had a blog about books, but no one really read it, which was kind of frustrating. So I thought if I made an Instagram account that people followed, then they would follow my blog. That's when my Instagram took off, and I ended up loving that more than blogging. I love photography and thought it was a really cool way to share what I was reading.

What inspired your love of books?

It's sort of cliché, I guess—like, everyone says this—but it was really *Harry Potter.* My brother read the series and told me I should read it. I was 11 or 12 and thought reading was boring, but I read the first book and I loved it.

How much time do you spend reading?

Multiple hours a day. It's really all I do. If I'm not Instagramming, I'm probably reading. I could read for five hours straight and be completely happy.

What is it about picking up a book that gives you all the feels?

I like how you can experience so many different things through words on a page—things you can't necessarily do in your life, like go to a school full of wizards or travel to space. I think it's really amazing that words can take you to different places and make you feel so many things.

And if you're not posting #bookgrams, what are you doing?

I love traveling and taking pictures of things—not just books. . . . I take pictures of my friends all the time. I like to knit, too. I knit a lot of scarves.

Who is the author you would totally fangirl over if you met IRL?

I met Rainbow Rowell a couple of years ago, and that was really awesome. Maggie Stiefvater—the author of *The Raven Cycle,* which is a great YA supernatural series—would be cool to meet, too.

Ever dream of writing your own novel?

I suppose it could happen someday, but as of right now, I would really like to work on the publishing side—*helping* books to get published rather than writing them.

17 Reads

Emily Says You Need to Check Out Before You're 17*



1. The *Harry Potter* series by J.K. Rowling
2. *The Hunger Games* by Suzanne Collins
3. *Anna and the French Kiss* by Stephanie Perkins
4. *Fangirl* by Rainbow Rowell



5. *The Raven Boys* by Maggie Stiefvater
6. *Speak* by Laurie Halse Anderson
7. *The Perks of Being a Wallflower* by Stephen Chbosky
8. *Just One Day* by Gayle Forman
9. *Ask the Passengers* by A.S. King
10. *Since You've Been Gone* by Morgan Matson
11. *Stargirl* by Jerry Spinelli
12. *Among the Hidden* by Margaret Peterson Haddix
13. *The Disenchantments* by Nina LaCour



14. *Graceling* by Kristin Cashore
15. *Dash and Lily's Book of Dares* by David Levithan and Rachel Cohn
16. *Eleven* by Lauren Myracle
17. *My Sister's Keeper* by Jodi Picoult

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*List originally appeared on seventeen.com.

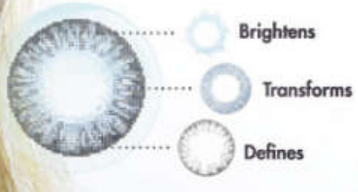
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FASHION



SHOOTING STAR

Korean "It" model **Irene Kim** is known for her amazing pastel hair and stellar style. Go for an out-of-this-world pattern, and you'll shine bright, too!

Photograph by Olivia Malone

MODEL MOMENT

Name: Irene Kim
Hometown: Seoul, South Korea
Instagram: @ireneisgood
Fave filter & hashtag: "Crema and #hairalwaysintheface."
On her hair: "It definitely adds pizzazz to my looks, and sometimes it ends up matching my outfits unintentionally!"
Latest gig: Estée Lauder Global Beauty Contributor
Fave products: Estée Lauder Little Black Primer, $24; Double Wear Stay-in-Place Eyeliner in Sapphire, $23; and Pure Color Envy Sculpting Lipstick in Tumultuous Pink, $30, all esteelauder.com

DESIGNER MOMENT

Label: Magda Butrym
Instagram: @magdabutrym
The scoop: This new line from Poland features intricate details like laser cutouts, fringe, and more. Kim Kardashian West and Chrissy Teigen are already fans!

DRESS Magda Butrym.
LEFT ARM:
CHAIN BRACELET Luv Aj.
THIN SILVER BANGLES Arme de L'Amour.
ONYX CUFF Samantha Wills.
RIGHT ARM:
BRACELET Vita Fede.
EYE AND STAR RINGS Brooke Persich.
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SELFIE-WORTHY COATS

Chillier temps shouldn't mean indoor snaps only! Instagram star **MADISON ISEMAN** shows off this season's top trends—pick one and let the likes start racking up!



COAT
French Connection, $398, usa.frenchconnection.com

WILD THINGS

THE KOOPLES, The Kooples Mercer Street store

"I absolutely love the printed-faux-fur situation. These coats will make any outfit pop—and make you feel like a rock star!"

LINE + DOT, $308, revolveclothing.com

N: PHILANTHROPY, $242, Neiman Marcus

KERSH, $99, kersh.ca

MAIN PHOTOS: ALIVIA LATIMER. HAIR AND MAKEUP: JUANITA LYON USING NARS AND LENORE GREYL AT ART DEPARTMENT. STILL LIFES: BEN GOLDSTEIN/STUDIO D. STILL LIFES STYLIST: ALEJANDRA SARMIENTO FOR HALLEY RESOURCES.



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BANANA REPUBLIC, $298, bananarepublic.com



COFFEESHOP, $118, santafeny.com



J.O.A., $155, shopbop.com



NANETTE LEPORE, Anthropologie stores and anthropologie.com

"A baby-blue coat makes me feel so girly—yet fun and carefree! You can look polished without being too serious."



COAT Rebecca Taylor, rebeccataylor.com

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THE GREAT OUTDOORS

"I'm obsessed with this earthy look. Adding knee-high socks gives the laid-back vibe just the right touch of style."



CAPE
Bebe, $169, bebe.com



AÉROPOSTALE, $78, aeropostale.com



1. STATE, $229, call 212-403-6210 for retail info



WILFRED FREE FOR ARITZIA, $225, aritzia.com



BB DAKOTA, $130, shopbop.com


1
I like to funk up my little black dress.
2
I love going Rocker Chic with leather, studs and super high stilettos.
3
Jean shorties are my weekend go-to.
DEMI'S
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UNIQLO, $80, uniqlo.com



L.A.M.B. X BURTON, $400, burton.com



MARC NEW YORK, ANDREW MARC, $330, andrewmarc.com



ASH STUDIO PARIS, $450, ashfootwearusa.com



COAT
Milly, milly.com
(similar styles)

"No Marshmallow Man here! I'd dress up this sporty look with heels, cute earrings, and killer confidence!"

MADISON **ISEMAN**

The Insta standout **(@madisoniseman)** and actress, 18, dishes on her shopping strategy, her social media obsessions, and following her dreams.

HOW WOULD YOU DESCRIBE YOUR OVERALL LOOK? "If my style had a hashtag, it would be #indiechic. When I shop for clothes, I look for something no one else has. And as far as my beauty routine goes, I usually just swipe on eyeshadow, a little liner, and mascara, and go—very natural!"

WHAT'S YOUR FASHION MANTRA? "Don't jump in on a fashion trend just because everyone else is doing it! So many of my friends look great in statement jewelry, but I much prefer smaller, personal pieces. Now simple baubles have become my style signature."

WHAT ARE YOUR INSTAGRAM GOALS? "I started my account to share pics with friends and family, and it's still my fave way to keep up with everyone in my life. But I also look to Insta for inspiration. Whether it's a new workout move or an uplifting quote, I eat it all up."

WHO INSPIRED YOU TO BECOME AN ACTRESS? "Hermione Granger! After the first *Harry Potter* movie, I swore I was going to be Emma Watson one day. My friends and I started posting short films to YouTube, and then I realized acting was more than a hobby and pursued it as a career!"

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Bag Lady

"I'm obsessed with everything from Coach. Either my purse or my backpack is always with me."

PURSE Coach, $295, Coach Fifth Avenue NYC store



Girl Code

"Being the only girl in a band with my brothers gives me a little extra boost of confidence! And I can wear literally whatever I want without worrying about clashing."

Love Her! Sydney Sierota

Be like the cool kids with the **Echosmith** singer's off-stage style secrets.



Ring Leader

"I never go without mine from Catbird. They make any outfit look better."

RING Catbird, $32, catbirdnyc.com





#OOTD

"My sparkly stage dresses aren't really appropriate for the grocery store! A more simple one with a denim jacket is my go-to casual look."

DRESS French Connection, $228, bloomingdales.com (similar styles). ***JACKET*** Levi's, $88, levi.com.



Tee Time

"I helped design this as part of an anti-bullying campaign. I just want to spread love!"

T-SHIRT Hollister Co., $18, hollisterco.com



About Sydney

Age: 18
Hometown: Los Angeles, CA
Instagram: @sydneysierota
#WCW: "Alexa Chung. Her Insta is a fave."
No. 1 Fashion Hack: "Layer it up! Adding even the simplest pieces like cute socks or a little sweater can make the biggest difference."

Natural Beauty

"My everyday essentials: pink lips, lots of mascara, and this amazing MAC liner. I smudge it on and go—no shadow necessary."



MASCARA CoverGirl The Super Sizer Mascara by LashBlast in Black, $8, drugstores. ***EYELINER*** MAC Cosmetics Eye Kohl in Costa Riche, $16.50, maccosmetics.com. ***LIPSTICK*** MAC Cosmetics Lipstick in Pure Zen, $17, maccosmetics.com.

STILL LIFES: ("ALL EQUAL" TEE) BEN GOLDSTEIN/STUDIO D; (ALL OTHERS) JESUS AYALA/STUDIO D. STILL LIFES STYLISTS: ("ALL EQUAL" TEE) SABRINA GRANDE; (ALL OTHERS) JESSIE LIEBMAN FOR R.J. BENNETT REPRESENTS.


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Good TIMES

The Apple Watch looks tech-tastic. But what's it like to wear one? Actress **Maude Apatow, 16,** tried one out for a day—and kept a diary.



"It's exactly what I hoped for when I heard Apple was announcing a watch. It is the perfect companion to the iPhone, which is, sadly, my BFF."
–Maude
@maudeapatow

WATCH
Apple Watch Sport, $349, apple.com

7:00 A.M. Apple Watch alarm went off. Must study for the SAT. Snooze.
7:09 A.M. Snooze.
7:18 A.M. Snooze.
9:50 A.M. Get out of bed to begin studying.
10:46 A.M. Activity app alerted me. Told me to stand up in the middle of my self-proctored SAT practice test. I stood.
11:00 A.M. Used watch to time myself studying. Got distracted.
12:32 P.M. Tapped the Chipotle Burrito Button for lunch. Never have I had such quick and easy access to a burrito.
1:09 P.M. Debated sending my heartbeat to my crush. Would that scare him? Or would it be sweet?
2:14 P.M. Sent heartbeat. I never heard back.
2:30 P.M. Set timer to study again. Did not study.
3:00 P.M. Used Siri to get movie times.
5:38 P.M. Dad refused to pick me up from the movies. Used watch to call an Uber.
5:42 P.M. Read CNN on my watch to avoid talking to odd Uber driver.
7:04 P.M. Used watch to check texts at family dinner. They thought I was checking the time. They thought wrong.
8:24 P.M. Texted parents to tell them I was done studying for the SAT. I did not mention I had not started. Left house to meet friends.
10:15 P.M. Set alarm to study for the SAT tomorrow.

STILL LIFES: [WATCH AND CANDY] BEN GOLDSTEIN/STUDIO D; [WATCH FACE] COURTESY OF APPLE PR. STILL LIFE STYLIST: ALEJANDRA SARMIENTO FOR HALLEY RESOURCES.


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Man-Crush Monday

You'll have the ultimate #MCM on these menswear-inspired pieces. And with prices so affordable, go ahead and share the love on Tuesday, Wednesday, Thursday . . .

Style Tip
Creating a trendy borrowed-from-the-boys look is all about finding pieces with a masculine-feminine mix, like a pinstripe peplum top or a pink envelope clutch.



ALEXA CHUNG



MARISSA WEBB



WATCH
Forever 21, $18, forever21.com



CLUTCH
Just Fab, $40, justfab.com

SHOES
Crown Vintage, $40, dsw.com



JEANS
a.n.a., $50, jcpenney.com



BLAZER Forever 21, $35, forever21.com.
SHIRT Make Me Chic, $37, makemechic.com.
CROP TOP Hommage, $33, pixiemarket.com.



TOP
Metaphor, $36, sears.com

SOCKS
Hue, $7, Macy's





HAT
Sonoma Life + Style, $28, kohls.com

STILL LIFES: (SHOE) COURTESY OF DSW; (WATCH) COURTESY OF FOREVER 21; (ALL OTHERS) BEN GOLDSTEIN. STILL LIFES STYLIST: JESSIE LIEBMAN FOR R.J. BENNETT REPRESENTS. CHUNG: WAYNE TIPPETTS/REX/REX USA. MARISSA WEBB: ALBERT URSO/GETTY.

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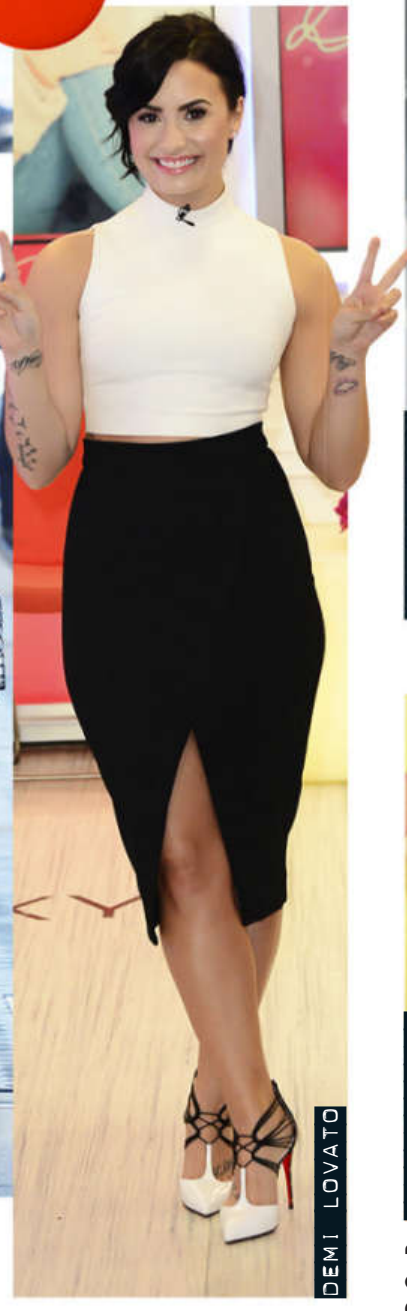
How Do I WEAR THAT?

Want to try a new look? Here's how to nail some of this season's biggest—and trickiest—trends. Go and shop with confidence!

Midiskirts


ZENDAYA

"I'm sick of wearing miniskirts when I'm dressing up. How do I pull off a longer one?" –JANE, 15


DEMI LOVATO

Midiskirts hit below the knee and come in lots of styles, so there's a perfect look for everyone! If you want to create curves, try a fuller skirt like Zendaya's. Or rock what you've got in a pencil à la Demi.

Culottes


KARLIE KLOSS

"Can I actually look good in those weird wide-leg cropped pants?" –BECCA, 19

Yes! They're called culottes and they really can be flattering. The key: Go shorter if you're longer (Karlie) or longer if you're shorter (Keke).


KEKE PALMER

Shift Dresses


BETHANY MOTA


LENA DUNHAM

"I feel self-conscious in tight dresses. What's another cute option?" –SAM, 17

Try a shift dress, which is having a moment. Just make sure to look for eye-catching details like Bethany's waist-defining black stripe and Lena's cool pattern.

ZENDAYA: JOSIAH KAMAU/GETTY IMAGES. LOVATO: RAYMOND HALL/GETTY IMAGES. KLOSS: IGNAT/BAUER-GRIFFIN/GETTY IMAGES. PALMER: MATT BARON/BEIMAGES/REX/USA. DUNHAM: SPLASH NEWS. MOTA: JON KOPALOFF/GETTY IMAGES.

MEET ALEXANDRA BRACKEN

Alex is the New York Times *best-selling author of The Darkest Minds series.*

What tips can you give to aspiring young writers?

- Write a little bit every single day.
- Read everything.
- Don't let anyone discourage you by saying your dream isn't realistic!
- If you write, you are already a writer.

Do you ever get writer's block? How do you push past it?

Of course! I usually take a break and try to work through whatever plot snag I've hit by re-outlining scenes. Or I switch to writing by hand in a notebook. For whatever reason, it feels like less pressure not to write it on my computer!

What were your favorite books as a teen?

It's so hard to play favorites, but a few that really stuck with me are: *The Things They Carried* by Tim O'Brien, *Lord of the Flies* by William Golding, *I Capture the Castle* by Dodie Smith, and, of course, the entire Harry Potter series. I also read so many Star Wars novelizations. (So. Many.)

Are any of your characters based on people you know?

No! But my mom asks if every mother character is based on her. (They're not, Mom, I swear!)

For more with Alex, including a sneak peek of *Passenger* visit alexandrabracken.com and follow her on Twitter @alexbracken.



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@anastasiabeverlyhills
ANASTASIA BEVERLY HILLS Illuminator in So Hollywood, $28, anastasiabeverlyhills.com



Best for Mani-Pedi Inspo
@essiepolish
ESSIE (from left) in Frock 'n Roll, Bell-Bottom Blues, In the Lobby, and Leggy Legend, $8.50 each, essie.com



Best for Cool Ways to Wear Color
@urbandecaycosmetics
URBAN DECAY NAKED Smoky, $54, urbandecay.com



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BY MARTA TOPRAN

Best for Trendy Fashion Week Photos
@maccosmetics
MAC COSMETICS Vamplify in How Chic Is This?, $20, maccosmetics.com



Best for Real-Girl Hairstyles
@tresemme
TRESEMMÉ Max the Volume Runway Collection Root Lifting Cream, $7, drugstores



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Homecoming HAIRSPO

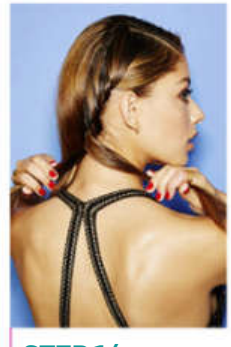
Amp up your night with these not-so-basic (but totally DIY-able!) braids from celeb stylist **Sarah Potempa** (@sarahpotempa), who started the #365daysofbraids Insta challenge.

BY MADDY ZOLLO



Flirty SIDESWEEP

Glam curls up front, party plait in the back—this half-up style is the best of both worlds.



STEP 1/ Make a deep side part, then twist two strands along your hairline, adding pieces in as you move down. Stop at the nape of the neck and temporarily pin it there.



STEP 2/ Create a section of hair from your crown down the middle of your head and French-braid it to the nape. Connect the twist to the braid with an elastic.



STEP 3/ Starting with the bottom layer of the loose hair, curl one-inch sections, going away from your face. Curl the tail of your pony (in the back) as well.



STEP 4/ Let curls cool, gently brush them out, and finish with shine spray. (Try Aussie Sun Touched Shine Hi Hold Hi Shine Spray, $3.50, drugstores.)

PHOTOS: LAUREN PERLSTEIN/STUDIO D. FASHION EDITOR: ADAM MANSUROGLU. HAIR: SARAH POTEMPA FOR AUSSIE AT THE WALL GROUP. MAKEUP: NINA PARK AT THE WALL GROUP. MANICURE: RACHEL SHIM FOR LANCÔME. ON MODELS: (FLIRTY SIDESWEEP) DRESS, SHOSHANNA; EARRINGS, FOREVER 21; RINGS ON RIGHT HAND (POINTER) LUV AJ; (RING FINGER) VITA FEDE; RING ON LEFT HAND, WHITE MOTH; (BOHO FISHTAIL) DRESS, PARKER; EARRINGS, RUE GEMBON; HAND BRACELET, ARME DE L'AMOUR; RING, FLACA; (FIERCE FAUX HAWK) DRESS, ASOS; EARRINGS, FLACA; BRACELET, FOREVER 21; RINGS, JENNIFER ZEUNER JEWELRY; (MIDDLE FINGER) FOREVER 21.



STEP 1/ Temporarily pin up the hair at your crown, and divide the rest into four sections, braiding the two in the back down to the tips.



STEP 2/ Let the hair at the crown down, then cross the braids over the top of your head and pin for a milkmaid style.



STEP 3/ Make two fishtails, secure with elastics, and then use your fingers to gently pull apart the braids and widen them.



Boho FISHTAILS

Have double the fun with a grown-up spin on pigtails.



Fierce FAUX HAWK

Rock out all night with an edgy updo.



STEP 1/ Vertically divide your hair into three sections. Dutch-braid (make an inside-out French) the middle one.



STEP 2/ Tightly Dutch-braid the left and right sides, keeping hair pulled close to the ear (framing it like a cuff).

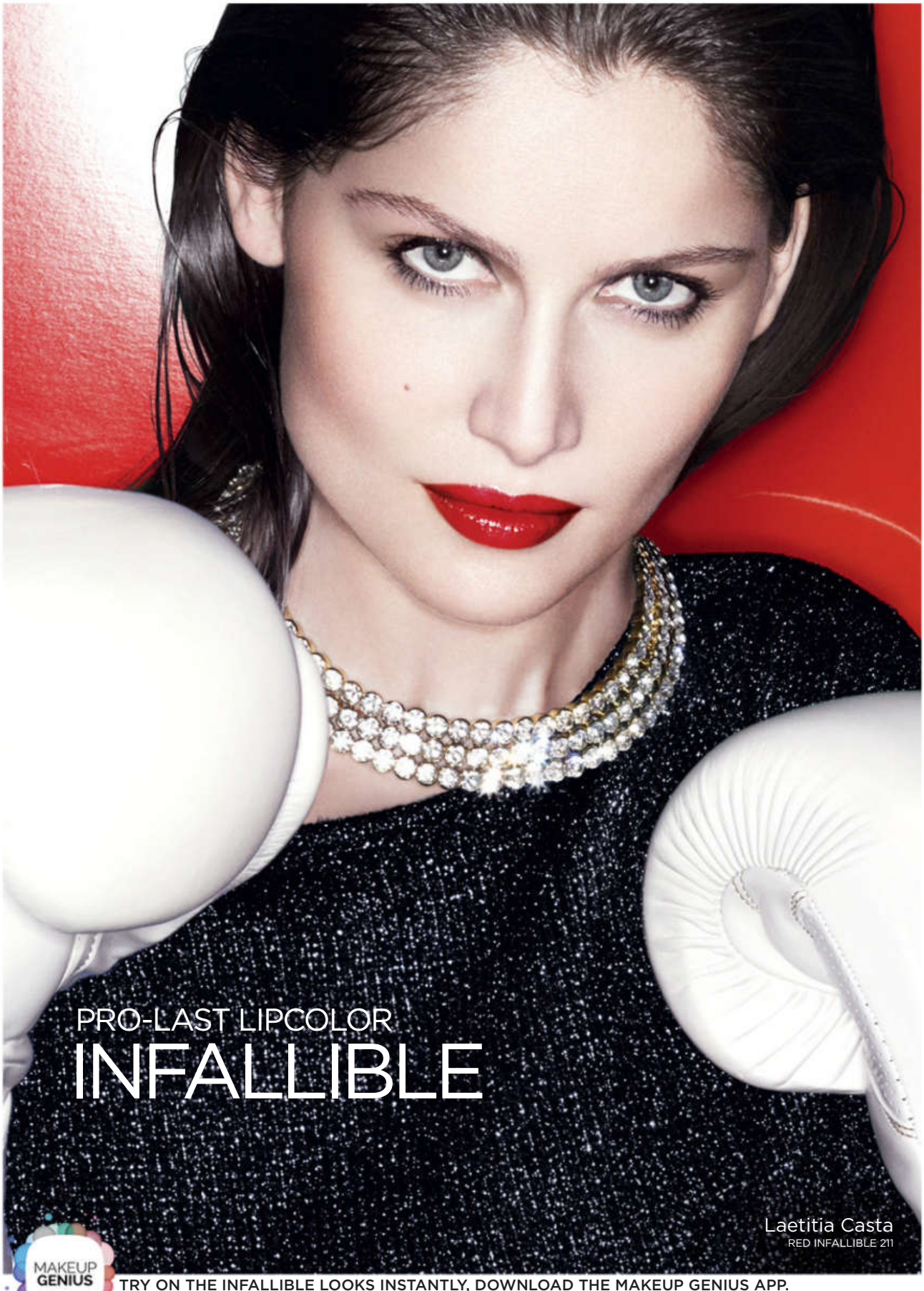


STEP 3/ Connect the three braids together at the ends with an elastic. From the bottom, roll them up and tuck the ends under, using a few large bobbies to secure.



STEP 4/ Pull apart the center braid to fatten it, then finish with hairspray. (Try L'Oréal Paris Advanced Hairstyle Lock It Bold Control Hairspray, $5, drugstores.)

PINTEREST.COM/SEVENTEEN Score even more super-pretty homecoming hairspo!



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THE PRO LOOK OF LONGWEAR

STEP 1: INTENSE LONG-LASTING COLOR. STEP 2: A CONDITIONING PRO-SEAL BALM. RESISTS FADING, TRANSFER, WHATEVER. LASTS UP TO 24 HOURS.

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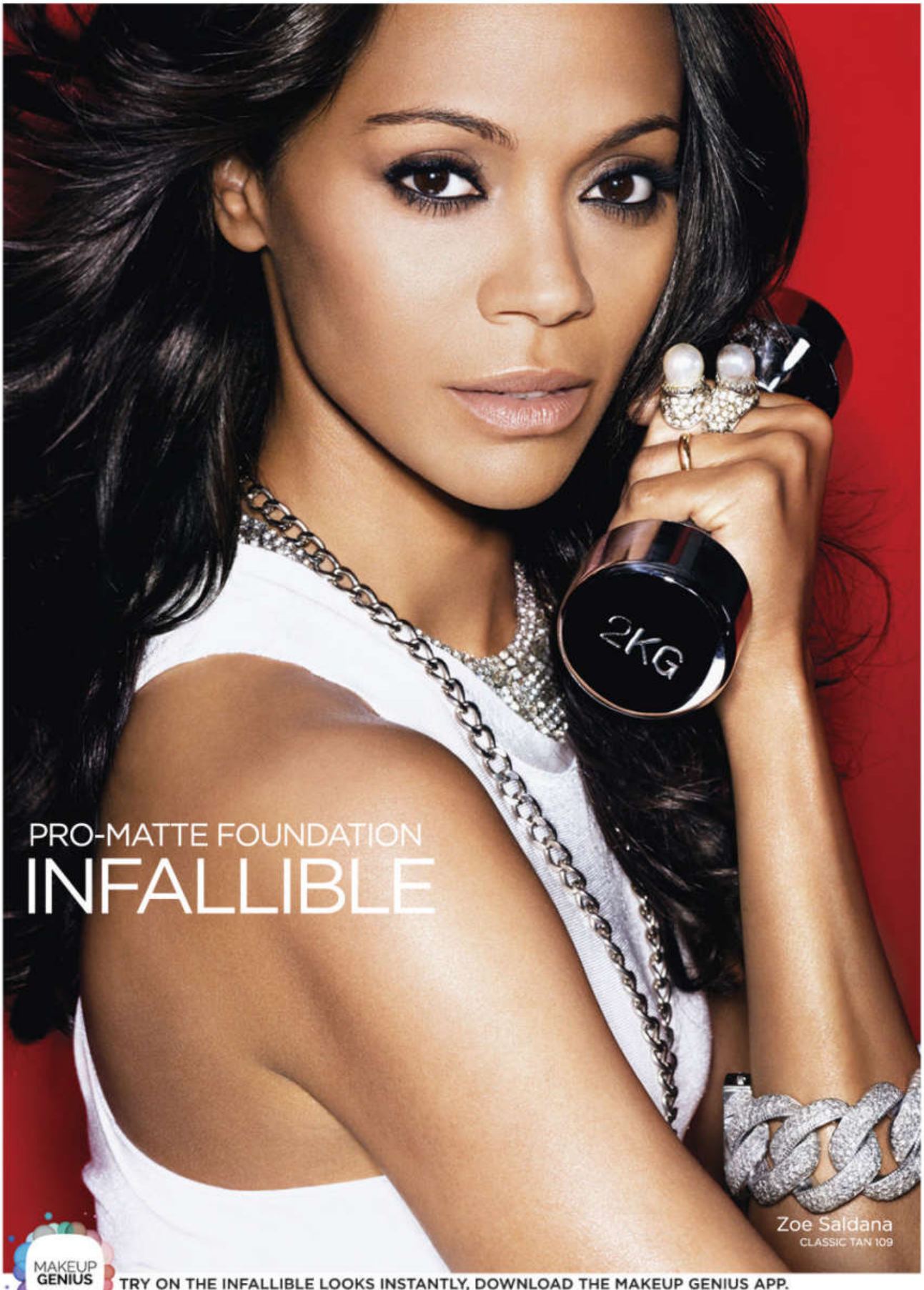
STEP 1



STEP 2

24 PRO-LOOK SHADES

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score #NO

If You...
Want an Airbrushed Finish
Facetune's got nothing on this cordless handheld gadget, which lightly sprays on a mist of flawless base. Aside from making you look as if a pro did your makeup, it's especially worth the investment if you're breakout-prone—you never have to touch your face to blend, which can spread zit-causing bacteria.

TEMPTU Air, $195, and Airpod Foundation, $45, temptu.com

If You...
Can Never Find the Right Color
Walking around with an obvious foundation line? This range makes it easy to pick your match, thanks to 33 shades sorted by warm, cool, and neutral undertones.

L'ORÉAL PARIS True Match Super-Blendable Makeup, $11, drugstores

If You...
❤ Tinted Moisturizers
The pigment molecules in this formula are surrounded by mineral water. Translation: You'll get mega-hydrated skin, but it'll feel like there's nothing on your face.

BAREMINERALS Complexion Rescue Tinted Hydrating Gel Cream, $29, bareminerals.com

If You...
Are a Product Minimalist
Streamline your makeup stash with this two-in-one foundation and concealer powder. Apply it all over and then dab a little extra on blemishes—it never gets cakey.

CLINIQUE Beyond Perfecting Powder Foundation + Concealer, $27, clinique.com

FILTER *skin*

When it comes to foundation shopping, the struggle is real. Our guide makes finding your best base a breeze.

BY KATE FOSTER



Bonus!
Best. Brush. Ever

Put a futuristic "spin" on your makeup routine with this rotating tool that does the tricky blending work for you.

DOLL 10 BlendSMART Automatic Makeup Brush, $60, qvc.com

If You...
Like to Switch Up Your Coverage

Mix a few drops of this pure pigment concentrate into your favorite moisturizer, serum, or primer. One drop gets you a sheer look; four disguises everything.

COVER FX Custom Cover Drops, $44, coverfx.com

If You...
Have Problem Skin

Peace out, acne! This bottle is loaded with salicylic acid, so you can treat breakouts while you're covering them up.

NEUTROGENA SkinClearing Liquid Makeup, $14, neutrogena.com

If You...
Hate Touching Up

You know how your fave stretchy jeans never lose their shape? This foundation's cool flex technology moves with your face, so it looks just as perfect during last period as it does during first.

MAYBELLINE NEW YORK SuperStay Better Skin Foundation, $12, drugstores

If You...
Apply On the Go

Meet the new kid on the block: cushion compacts. The sponge inside houses liquid base and keeps it there, so you'll never find spills in your bag.

LANCÔME Miracle Cushion Liquid Cushion Compact, $46.50, lancome-usa.com

STILL LIFES: JON PATERSON/STUDIO D.



MAKEUP GENIUS

DISCOVER ENDLESS NUDE EYE LOOKS. EXPLORE CURATED SHADES AND EXPERT IDEAS.
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NEW



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HOW TO SURVIVE . . .

AN INSTA *makeup trend*

From clowning videos to wacky lip challenges, online tutorials can get a little insane. Here, the secrets to easily rocking popular Instagram looks.

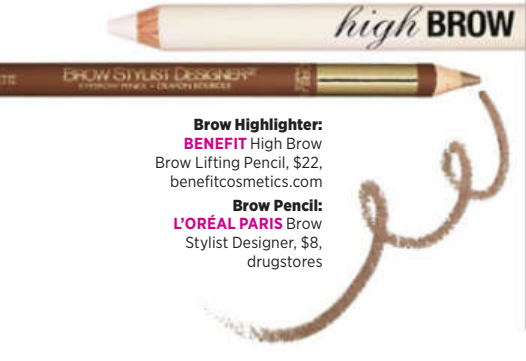
BY KATE FOSTER



TREND 1

Bold Brows

The key is to not completely reshape yours, but to follow their natural growth pattern. That will flatter your eyes most, says makeup artist Nick Barose. To mimic the look of natural hairs, use a brow pencil in short, feathery strokes to fill in sparse spots, and then brush. Finish with highlighter on browbones (ivory for fair skin, gold for medium, and copper for dark).



Brow Highlighter: **BENEFIT** High Brow Brow Lifting Pencil, $22, benefitcosmetics.com

Brow Pencil: **L'ORÉAL PARIS** Brow Stylist Designer, $8, drugstores

TREND 2

Full Lips

Overlining (aka drawing lip liner outside your pout) looks most natural when done only on areas that need plumping, like the Cupid's bow or outer corners—not all around lips, says Barose. To make lips look even larger, fill in the rest of your mouth with the same nude liner, then top with a matching shimmery gloss, which gives extra dimension.



Lip Liner: **RIMMEL LONDON** Exaggerate Automatic Lip Liner in Natural, $6, drugstores

Lip Gloss: **MAC COSMETICS** Lipglass in Myth, $15, maccosmetics.com

TREND 3

Contouring

Step away from those 10-color contouring kits! All you need: a cream stick bronzer, blush, and highlighter. Swipe bronzer under cheekbones and on temples and jawline. Then sweep blush onto cheeks and the highlighter onto cheekbones, chin, forehead, and the bridge of your nose. Blend with a damp makeup sponge.



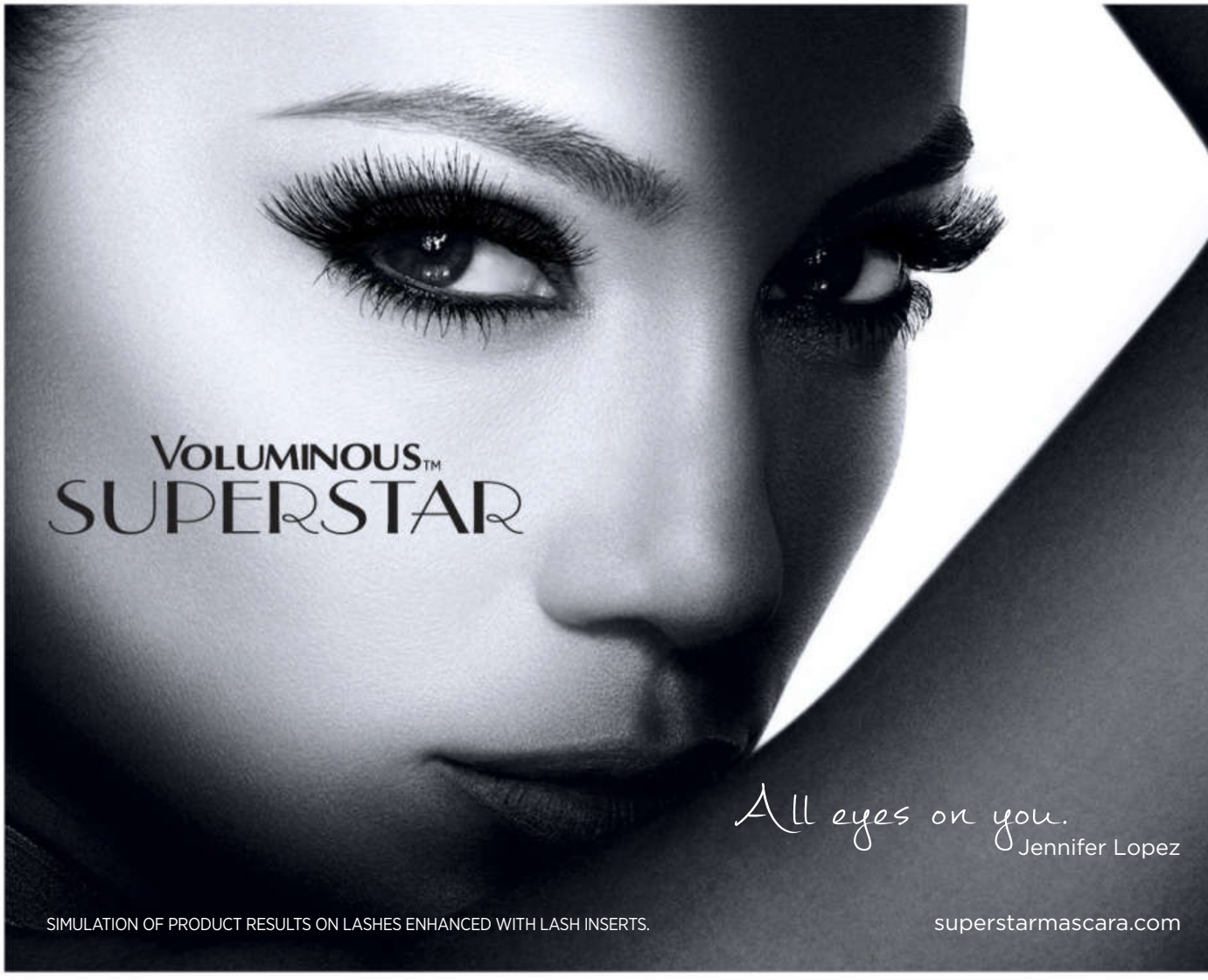
Highlighter: **SONIA KASHUK** Chic Luminosity Highlighter Stick in Sparkling Sands, $11, target.com

Blush: **DIOR** Diorblush Cheek Stick in Cosmopolite Rosewood #765, $34, dior.com

Bronzer: **CLINIQUE** Chubby Stick Sculpting Contour, $21, clinique.com

Sponge: **BEAUTYBLENDER** Original, $20, sephora.com

STILL LIFES: (BROW PENCILS, BEAUTYBLENDER, HIGHLIGHTER, AND BLUSH) JON PATTERSON/STUDIO D; (ALL OTHERS) J MUCKLE/STUDIO D. ZENDAYA: STEVE GRANITZ/GETTY IMAGES. BENSON: RICH POLK/GETTY IMAGES. HADID: WALTER McBRIDE/GETTY IMAGES.





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1 palette 6 WAYS

Go from subtle to stunning with just one shadow set! Steal these tips from Kim K's makeup guru—and Anastasia Beverly Hills pro—**Mario Dedivanovic** (@makeupbymario).

BY MARTA TOPRAN



ANASTASIA BEVERLY HILLS Self-Made Eye Shadow Palette, $35, anastasiabeverlyhills.com

1



SIMPLY CHIC

Nail the neutral look by sweeping **Treasure** across your entire lid. Then take a liner brush dipped in **Hot Chocolate** and smudge it into your top lashline for soft definition.

2



MINTY FRESH

No matter what your eye color or skin tone, green is a fun, flattering hue. Simply brush **Isla** up to your crease and along your lower lashline. Skip liner to keep the vibe daytime chill.

3



TOTAL BLACKOUT

You can master going-out eyes in seconds—only one shadow required! Just apply **Spirit Rock** onto lids and smudge into lower lashlines. Use a damp brush for this shiny effect.

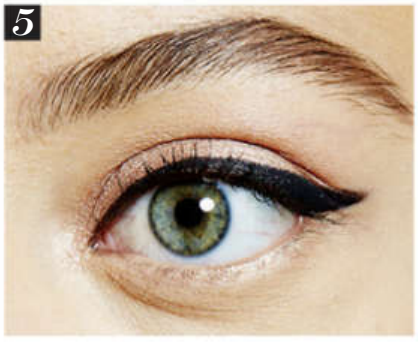
4



VIOLET FEMME

Party time! Electric underliner makes eyes glow. With a liner brush, draw **Deep Purple** from inner corners out along your lower lashlines, bringing it up into an exaggerated wing.

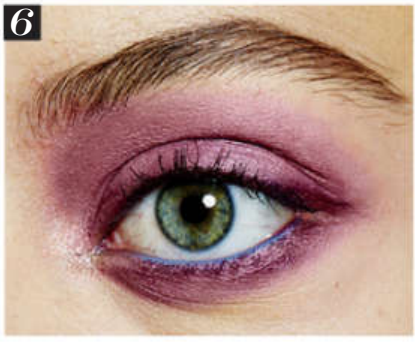
5



MAJOR CAT-ITUDE

Feline liner and shimmery shadow are a classic cool-girl combo. Pop **Pink Champagne** on lids and use a liner brush to trace **Spirit Rock** along upper lashlines and flick it out.

6



FIERCE FUCHSIA

Grays and blacks aren't the only hues that look killer smoked-out. Sweep **Blossom** onto lids (up to brows), inner corners, and lower lashlines. Add blue liner inside lower lashes.

MAIN PHOTOS: LAUREN PERLSTEIN/STUDIO D. FASHION EDITOR: ADAM MANSUROGLU. STILL LIFES: JON PATERSON/STUDIO D.


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get gorge OVERNIGHT

Slay your #WokeUpLikeThis selfie with our roundup of bedtime miracle workers.

BY KATE FOSTER

BEAUTY SLEEP IS REAL!

Your body gets rid of old skin cells and creates new ones faster at night than during the day—which means your products will be much more effective, says dermatologist Jessica Weiser, M.D. But timing matters. New research shows it's especially important to catch zzz's between 11 P.M. and 3 A.M., when skin repair levels are the highest.



1 / MANI MUST

Strengthen weak nails (read: no more chips!) with this marula oil–enriched treatment.

CIATÉ Knight in Shining Armour Overnight Nail Mask, $17, Sephora stores

2 / POUT PERFECTER

Use the nighttime side for a hydrating dose of coconut oil . . . then flip it over in the a.m. for SPF.

CHAPSTICK Hydration Lock Day & Night, $3, drugstores

3 / LASH BOOSTER

Brush on this caffeine-spiked serum nightly to make fringe appear longer and thicker.

RIMMEL LONDON Lash Accelerator Serum, $10, drugstores

4 / ZIT ZAPPERS

Stick these clear bandage-like patches over pimples and let their salicylic acid fight acne till dawn.

PETER THOMAS ROTH Acne-Clear Invisible Dots, $30 for 72 dots, peterthomasroth.com

5 / STRAND SAVER

Get the hair of your dreams IRL with this shine-boosting mask.

LIVING PROOF Perfect Hair Day Night Cap Overnight Perfector, $28, livingproof.com

6 / SPOT ERASER

Nix annoying post-pimple red marks with an exfoliating glycolic acid peel.

GARNIER Skin Renew Clinical Dark Spot Overnight Peel, $17, garnierusa.com

7 / TOP TANNER

Slather on this bronzing serum before bed and wake up with a glowy surfer-girl complexion.

JAMES READ Sleep Mask Tan Face, $38, Sephora stores

8 / SKIN SOFTENER

A mega-moisturizing lotus flower mask gets your face *sooo* smooth—and smells delish, too.

SEPHORA COLLECTION Lotus Sleeping Mask, $4 each, sephora.com

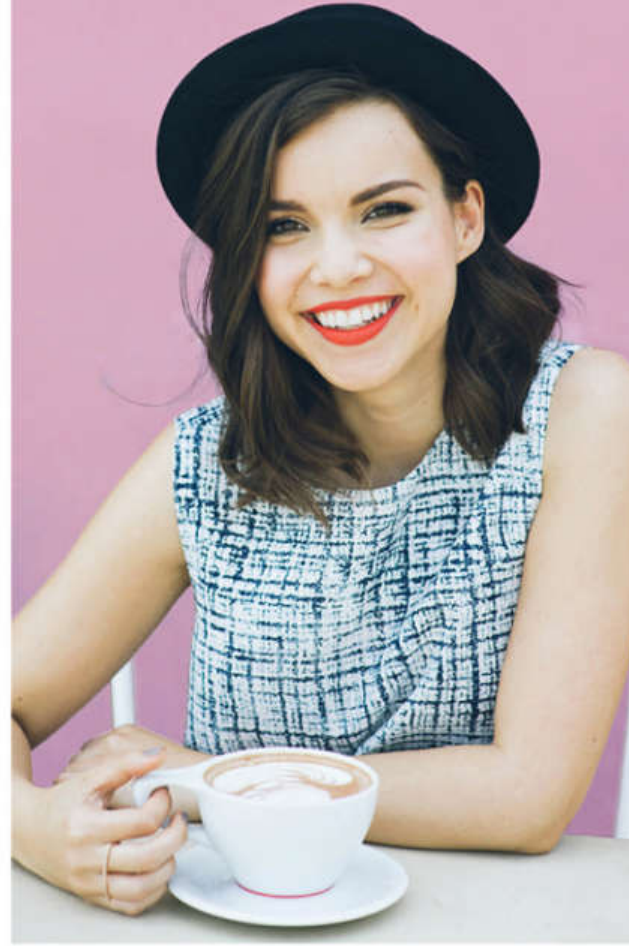
STILL LIFE: J MUCKLE/STUDIO D. STILL LIFE STYLIST: MIA KATOH.


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FIND YOUR VOICE ON LINE *(and off!)*

Calling all aspiring YouTubers! Beauty vlogger **Ingrid Nilsen** (@missglamorazzi) spills on how to score major social success.

AS TOLD TO MADDY ZOLLO



Do What You ❤

Take a sec and think about why you want to start your own channel. If you're passionate, creative, or curious about something, you're on the right track. When I discovered YouTube beauty tutorials, I loved how the girls I watched felt like friends. Then one night at 3 A.M., I had my carpe diem moment. I jumped out of bed to work on my channel, and the next day I recorded my first video. Always put your energy into something you're eager to share with the world.

Nail the Details

Start by asking yourself what you want your channel to look and feel like. Once you decide the vibe you're going for, explore the Web to figure things out, from the right camera equipment to lighting options. The Internet is your friend and will empower you with tons of tutorials and reviews.

Express Yourself

I've found that the best topics for me to discuss are things that are interesting and important to me. If you're having trouble finding your voice, just let go and don't try to be different from who you really are. When you put yourself out there, you will form connections with like-minded individuals. So be open, be vulnerable, be free!

Forget the Numbers

Be patient when you're trying to grow your followers. Trust your instincts and create something meaningful. I believe that when you care about what you're putting out into the world, a caring community will form around you.

Learn to Handle Haters

There's a big difference between constructive feedback and cruelty. I love it when people tell me what they think, but when those opinions turn malicious, that's not cool. Sometimes those mean things sting. I'm not going to tell you to ignore it, because that's not what I do. I allow myself to feel those bad emotions, but then I get through it—getting through something is much more powerful than ignoring it.

Have Fun

Lots of it! I had no idea when I started my channel that it would be the beginning of the life I had always wanted.

More Great Advice

Three must-watch vloggers share their tips on connecting.



"Stay engaged and connected with your viewers on social media to know what they want to see."
–Sierra Furtado, @SierraMarieMakeup



"Consistently upload your videos on the same days each week. It gives your audience something to look forward to—and a reason to come back."
–Chelsea Crockett, @BeautyLiciousInsider



"Make it exciting. If you look or sound bored, your viewers will be, too."
–Belinda Selene, @MissBel01xox

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Look Scary PRETTY

Our new Beauty Smartie, Lisette, delivers crazy-cool costume ideas and makeup tricks to make this Halloween a treat.

BY MADDY ZOLLO / PHOTOGRAPHS BY MARLEY KATE RIZZUTI

Meet Lisette!

AS OUR BEAUTY SMARTIE, SHE'LL SPILL HER GET-GLAM TIPS EACH MONTH HERE AND AT SEVENTEEN.COM.

YOUTUBE: Luhhsettyxo

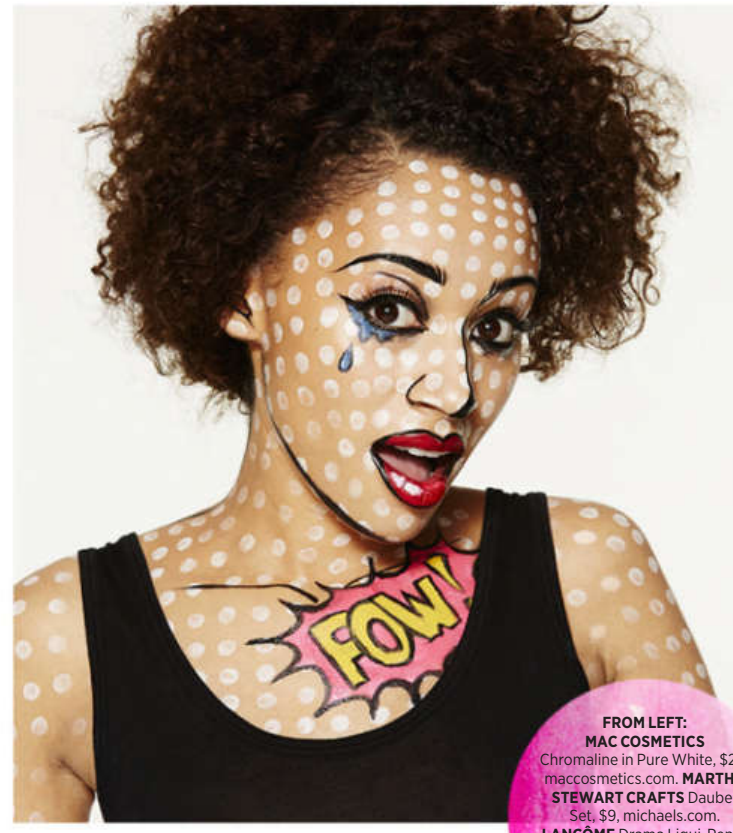
AGE: 19

HOMETOWN: Orlando, FL

HER FAVE HALLOWEEN LOOK: "It's a hard choice between the deer and the mermaid, but I have to go with deer. [Flip open this page to see it!] I love how the contouring mimics a deer's actual face—plus, the antlers are adorable."

MAKEUP MUST-HAVE: "I can't live without mascara."

HER GOAL: "To be someone for you to look up to for advice and confidence. Sometimes we want to 'fit in' in order to feel beautiful, but it's okay to be different."



pop-art GIRL

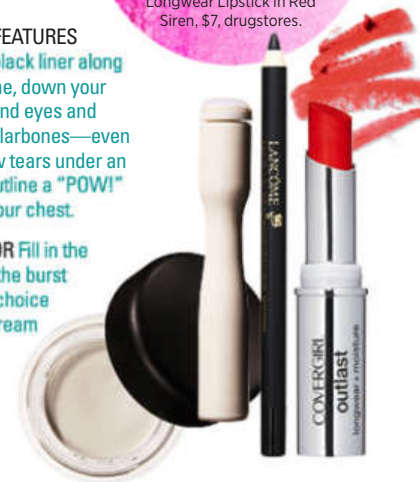
1 MAKE THE DOTS Press a stamping tool (like the one at right) into white cream shadow. Start at your forehead and create evenly spaced parallel rows of dots down face, neck, chest, and arms.

2 DO YOUR LIPS Apply red lipstick; then with cream shadow, draw a small white oval on your lower lip to create the illusion of a shiny reflection.

3 OUTLINE FEATURES Sweep a black liner along your jawline, down your nose, around eyes and lips, on collarbones—even ears! Draw tears under an eye and outline a "POW!" burst on your chest.

4 ADD COLOR Fill in the tears and the burst with your choice of bright cream shadows or glitter.

FROM LEFT: MAC COSMETICS Chromaline in Pure White, $20, maccosmetics.com. **MARTHA STEWART CRAFTS** Dauber Set, $9, michaels.com. **LANCÔME** Drama Liqui-Pencil in Noir Intense, $23, sephora.com. **COVERGIRL** Outlast Longwear Lipstick in Red Siren, $7, drugstores.



FASHION EDITOR: ADAM MANSUROGLU. HAIR: NATHAN ROSENKRANZ USING ALTERNA HAIRCARE AT HONEY ARTISTS. MAKEUP: HECTOR SIMANCAS USING DIOR ADDICT. MANICURE: KELLY B. AT DE FACTO USING DIOR VERNIS. ON LISETTE: BLACK TANK (THROUGHOUT), L'AGENCE; (MAGICAL MERMAID) HEADBAND, EUGENIA KIM; RINGS, BLAINE BOWEN. STILL LIFES: (LIPSTICK SWIPE) J MUCKLE/STUDIO D; (ADD A BLACK EYESHADOW) COURTESY OF MAKE UP FOR EVER; (ALL OTHERS) JON PATERSON/STUDIO D.



magical MERMAID

1 SWEEP ON SHADOW Apply an iridescent seafoam-green shade on eyelids and around the perimeter of your face.

2 CREATE SCALES Pull a fishnet stocking over your face (it acts as a stencil), then tap blue shadow onto eyes, forehead, outer cheeks, ears, chin, and neck. Gently remove the fishnet.

3 HIGHLIGHT Dab a peachy metallic cream on cheekbones.

4 BLING IT ON Using eyelash glue, attach mini starfish to your temples, and frame your brows with pearls. Finish with a volumizing mascara (try: CoverGirl Clump Crusher by LashBlast Mascara, $7, drugstores).

FROM TOP:
RECOLLECTIONS Faux Pearl Stickers, $3, michaels.com.
FUN EXPRESS Real Starfish, $6 for 30 pieces, amazon.com.
PIXI BY PETRA Mesmerizing Mineral Palette in Aquamarine Dream, $12, pixibeauty.com.
TOPSHOP BEAUTY Glow Dome, $14, topshop.com.

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in 7 luminous shades
get the radiant glow of love
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Sofia Stays Luminous in Medium Beige.
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bright-eyed DEER

1 SHAPE YOUR FACE Grab a contour-highlight duo and sweep the lighter hue down your forehead, the bridge of your nose, and on your Cupid's bow. Apply the darker end on cheekbones, temples, and sides of your nose. Add a touch of silver highlighter under eyes for contrast and then blend everything.

2 ENLARGE YOUR EYES With black liquid liner, line your top and bottom lashlines, starting past the inner corners of eyes, winging the lower line toward the top of cheekbones and the upper line toward your brow. Then apply falsies for a doe-eyed look. Draw on a snout with black liner.

3 FINISH IT OFF Swipe a berry lipstick onto your bottom lip only, and use a stamping tool to make beige spots on cheeks and forehead. Put on a cute antler headband from whitefoxhats.etsy.com.



FROM TOP: **COVERGIRL** Bombshell Shine Shadow by LashBlast in Ice Queen, $7, drugstores. **SEPHORA COLLECTION** Highlight Lowlight Face Contour Duo, $20, sephora.com. **TARTE** Tarteist Clay Paint Liner, $24, sephora.com.



ON LISETTE: (BRIGHT-EYED DEER) ANTLERS, VINTAGE FOX HATS; (SPIDER-EYED WOMAN) EARRINGS, LOLA JAMES JEWELRY; RINGS, LUV A.J.

spider-web WOMAN

1 DARKEN YOUR LIDS Color them in with creamy black shadow.

2 MAKE THE WEBS Take black liquid liner, and starting at the center of your eye, create outward strokes, crisscrossing lines until it looks like you're wearing a mask.

3 VAMP UP LIPS Apply a purply-red lipstick and you're done!



FROM LEFT: **COVERGIRL** Intensify Me! Liquid Eyeliner by LashBlast, $7, drugstores. **CHANEL** Rouge Allure Luminous Intense Lip Colour in Rouge Noir, $36, chanel.com. **MAKE UP FOR EVER** Aqua Black Waterproof Cream Eye Shadow, $23, sephora.com.

Get the Step-by-Step!

HEAD TO **SEVENTEEN.COM/LISETTE** *TO SEE MORE HOW-TO PICS FOR CREATING THESE LOOKS.*


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all-day lipcolor
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Katy is luminous in outlast® illumina™ lipcolor #740 Moonlight Mauve,
outlast® stay brilliant nail gloss #140 Pink-finity, #322 Show Stopper.
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beauty NEWSFEED

These hot new products will basically change your life.

BY MADDY ZOLLO



SEPHORA + JEM AND THE HOLOGRAMS Truly Outrageous Liquid Lip Set, $16, sephora.com

PRIMP LIKE A ROCK STAR

Have a *truly outrageous* time playing with Sephora's Jem and the Holograms collection. Inspired by the '80s cartoon and the new movie (out October 23), all of the products—shimmery shadow, electric lipsticks, and more—will get you a standing ovation.

SEPHORA + JEM AND THE HOLOGRAMS Truly Outrageous Compact Mirror, $18, sephora.com

IT'S IN THE BAG

Marc Jacobs's latest scent gives new meaning to *purse spray:* The bottle is shaped like his iconic Trouble handbag! The woody fragrance smells as chic as it looks, making it the perfect accessory for a GNO.

MARC JACOBS Decadence Eau de Parfum, $70 for 1 oz., sephora.com

Actual Size!

CARD GAME

Get your eyes ready for their close-up with Too Faced's new kit designed by Insta makeup guru—and slayer of smoky lids—Vegas Nay (@vegas_nay). Her handy how-to cards make expertly applying the shades as easy as posting the final look.



TOO FACED Stardust by Vegas Nay, $45, ulta.com

A-LIST POLISH

@NailingHollywood, a squad of celeb manicurists (their clients: Miley Cyrus and J-Law!), is launching a major nail line—over 100 hues, plus tools and treatments that will leave you with a Snapchat-worthy mani.



NAILING HOLLYWOOD Nail Lacquer in (from left) Hazard, The Roosevelt, and Valley Girl, $10 each, bedbathandbeyond.com

STILL LIFES: (NAIL POLISH SPILLS) J.MUCKLE/STUDIO D; (FRAMES) SUBJUG/GETTY IMAGES; (ALL OTHERS) JON PATERSON/STUDIO D. JEM AND THE HOLOGRAMS: COURTESY OF SEPHORA/UNIVERSAL PICTURES.

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at first SIGHT

with ACUVUE®
BRAND CONTACT LENSES



The first time I saw my crush...

I was on my way to study hall. I turned the corner and there he was. He had curly brown hair, big brown eyes and the cutest smile I've ever seen. I felt like butterflies were flying around in my stomach! I was so nervous I forgot how to speak and ran away. Then one day, I found the courage to walk up to him. We made eye contact, and then it hit me – he was also a little shy himself! I was so glad that I found the courage to say hi, and even happier that I wore my fave flowered dress to school that day.

Kayla (@akaydoll)

watch my "at first sight" story on youtube!
youtube.com/seventeen
XOXO

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Everything™

THE LENS THAT CHANGES
First Impressions.

And just then I realize I've been talking to Julie for ten whole minutes. The Julie of my dreams. She has these tiny freckles on her nose. Not in a bad way. In a cute, extremely kissable kind of way. I keep telling myself just remember to breathe, but not too hard.

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Important information for contact lens wearers:

ACUVUE® Brand Contact Lenses are available by prescription only for vision correction. An eye care professional will determine whether contact lenses are right for you. Although rare, serious eye problems can develop while wearing contact lenses. To help avoid these problems, follow the wear and replacement schedule and the lens care instructions provided by your eye doctor. Do not wear contact lenses if you have an eye infection, or experience eye discomfort, excessive tearing, vision changes, redness or other eye problems. If one of these conditions occurs, remove the lens and contact your eye doctor immediately.

For more information on proper wear, care and safety, talk to your eye care professional and ask for a Patient Instruction Guide, call 1-800-843-2020 or visit Acuvue.com

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cheap THRILLS

Babes on a budget, you'll ❤ these finds—just $10 and under!

BY KATE FOSTER

Pinky Promise . . .
Bright blush flatters every skin tone.
COLOURPOP Super Shock Cheek in More, Please, $8, colourpop.com

Faux Show
Feel free to freak over this mascara's falsie-like effect.
COVERGIRL LashBlast Fusion Mascara, $9, covergirl.com

Quick Tips
This plum polish (Rita Ora designed the color!) dries in legit one minute.
RIMMEL LONDON 60 Seconds Rita Ora Nail Polish in Midnight Rendezvous, $2, drugstores

Starry-Eyed
Glitter on one end, shimmer on the other—your MOTD will rule.
REVLON PhotoReady Eye Art Lid + Line + Lash in Lilac Luster, $9, drugstores

Blurred Lines
Swipe it on, then use the smudge tip to DIY ombré lips.
MAYBELLINE NEW YORK Lip Studio Color Blur Matte Pencil in My-My Magenta, $9, drugstores

Roll Out
Hit your wrists with a cranberry-vanilla perfume on your way to school.
FLOWER Fragrance Rollerball in Sultry, $10, walmart.com

Total Pore-fection
Fast-forward to flawless skin with benzoyl peroxide face wash.
CLEAN & CLEAR Continuous Control Acne Cleanser, $6, Walmart stores

Heaven Scent
Stop and smell the roses all day—this body wash releases fragrance for 12 hours.
CARESS Adore Forever Body Wash, $4, drugstores

Gloss Boss
Shine spray: the secret to crushing your hair goals.
L'ORÉAL PARIS Advanced Haircare Nutri-Gloss High Shine Glossing Mist, $7, drugstores

STILL LIFES: (NAIL POLISH SPILL) JESUS AYALA/STUDIO D; (ALL OTHERS) J.MUCKLE/STUDIO D.



IT'S TIME FOR AN Epi·Do·Over

Ask your doctor about prescription Epiduo®

Forget home remedies and over-the-counter acne solutions that haven't worked for you. Team up with your doctor and start fighting breakouts with Epiduo (*adapalene and benzoyl peroxide*) Gel 0.1%/2.5%. Why? It's a once-a-day gel that treats the pimples you have and helps prevent new ones from forming with 2 antibiotic-free medicines that work together. That's the duo in Epiduo.

GO TO EPIDUO.COM TODAY TO LEARN MORE ABOUT ACNE AND HOW YOU COULD SAVE ON EPIDUO GEL.*

IMPORTANT SAFETY INFORMATION: Indication: EPIDUO® Gel is indicated for the topical treatment of acne vulgaris in patients 9 years of age and older. **Adverse Events:** In controlled clinical studies, the most commonly reported adverse events (≥1%) in patients treated with EPIDUO® Gel were dry skin, contact dermatitis, application site burning, application site irritation and skin irritation. **Warnings/ Precautions:** Patients taking EPIDUO® Gel should avoid exposure to sunlight and sunlamps and wear sunscreen when sun exposure cannot be avoided. Erythema, scaling, dryness, stinging/burning, irritant and allergic contact dermatitis may occur with use of EPIDUO® Gel and may necessitate discontinuation.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see Brief Summary of Prescribing Information on adjoining page.

*For most insured patients. Restrictions apply. See Epiduo.com/rebate for details. Not valid for prescriptions reimbursed under Federal/State programs. Uninsured patients please go to Epiduo.com/rebate for more information.

Epiduo® (adapalene and benzoyl peroxide) Gel 0.1%/2.5%



GALDERMA

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IMPORTANT INFORMATION ABOUT

EPIDUO® GEL

(adapalene and benzoyl peroxide) Gel, 0.1% / 2.5%

BRIEF SUMMARY

This summary contains important information about EPIDUO (EP-E-Do-Oh) gel. It is not meant to take the place of your doctor's instructions. Read this information carefully before you start using EPIDUO gel. Ask your doctor or pharmacist if you do not understand any of this information or if you want to know more about EPIDUO gel. For full Prescribing Information and Patient Information please see the package insert.

WHAT IS EPIDUO GEL?

EPIDUO gel is a prescription medicine for skin use only (topical) used to treat acne vulgaris in people 9 years of age or older. Acne vulgaris is a condition in which the skin has blackheads, whiteheads, and pimples.

WHO IS EPIDUO GEL FOR?

EPIDUO gel is for use in people 9 years of age and older. It is not known if EPIDUO gel is safe and effective for children younger than 9 years old.

Do not use EPIDUO gel for a condition for which it was not prescribed. Do not give EPIDUO gel to other people, even if they have the same symptoms you have. It may harm them.

WHAT SHOULD I TELL MY DOCTOR BEFORE USING EPIDUO GEL?

Before you use EPIDUO gel, tell your doctor if you:

- have other skin problems, including cuts or sunburn.
- have any other medical conditions.
- are pregnant or planning to become pregnant. It is not known if EPIDUO gel can harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if EPIDUO gel passes into your breast milk and if it can harm your baby. Talk to your doctor about the best way to feed your baby if you use EPIDUO gel.

Tell your doctor about all of the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements.

- Especially tell your doctor if you use any other medicine for acne. Using EPIDUO gel with topical medicines that contain sulfur, resorcinol or salicylic acid may cause skin irritation.
- Know the medicines you take. Keep a list of them to show your doctor and pharmacist when you get a new medicine.

WHAT SHOULD I AVOID WHILE USING EPIDUO GEL?

- You should avoid spending time in sunlight or artificial sunlight, such as tanning beds or sunlamps. EPIDUO gel can make your skin sensitive to sun and the light from tanning beds and sunlamps. You should wear sunscreen and wear a hat and clothes that cover the areas treated with EPIDUO gel if you have to be in the sunlight.
- You should avoid weather extremes such as wind and cold as this may cause irritation to your skin.
- You should avoid applying EPIDUO gel to cuts, abrasions and sunburned skin.
- You should avoid skin products that may dry or irritate your skin such as harsh soaps, astringents, cosmetics that have strong skin drying effects and products containing high levels of alcohol.
- You should avoid the use of "waxing" as a hair removal method on skin treated with EPIDUO gel.
- EPIDUO gel may bleach your clothes or hair. Allow EPIDUO gel to dry completely before dressing to prevent bleaching of your clothes.

WHAT ARE THE MOST COMMON SIDE EFFECTS OF EPIDUO GEL?

The most commonly reported side effects when using EPIDUO gel include erythema, scaling, dryness, application site irritation, stinging and burning.

Depending upon the severity of these side effects, patients should be instructed to use a moisturizer, reduce the frequency of the application of EPIDUO gel, or discontinue use.

Tell your doctor right away if these side effects continue for longer than 4 weeks or get worse, you may have to stop using EPIDUO gel. Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of EPIDUO gel. For more information, ask your doctor or pharmacist.

You are encouraged to report negative side effects of prescription drugs to the FDA at *www.fda.gov/medwatch* or call 1-800-FDA-1088. You may also contact GALDERMA LABORATORIES, L.P. AT 1-866-735-4137.

HOW SHOULD I USE EPIDUO GEL?

- Use EPIDUO gel exactly as your doctor tells you to use it. EPIDUO gel is for skin use only. Do not use EPIDUO gel in or on your mouth, eyes, or vagina.
- Apply EPIDUO gel 1 time a day.
- Do not use more EPIDUO gel than you need to cover the treatment area. Using too much EPIDUO gel or using it more than 1 time a day may increase your chance of skin irritation.

APPLYING EPIDUO GEL:

- Wash the area where the gel will be applied with a mild cleanser and pat dry.
- EPIDUO gel comes in a tube and a pump. If you have been prescribed the:
 - Tube: Squeeze a small amount (about the size of a pea) of EPIDUO gel onto your fingertips and spread a thin layer over the affected area.
 - Pump: Depress the pump to dispense a small amount (about the size of a pea) of EPIDUO gel and spread a thin layer over the affected area.

WHERE SHOULD I GO FOR MORE INFORMATION ABOUT EPIDUO GEL?

- Talk to your doctor or pharmacist
- Go to **www.epiduo.com** or call **1-866-735-4137**

GALDERMA LABORATORIES, L.P., Fort Worth, Texas 76177 USA
Revised: February 2013

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BODY & HEALTH

DOUBLE UP!

With your BFF, as in "best fitness friend," and these fun moves from **Tone It Up** trainers Karena and Katrina (@karenakatrina), your body—and friendship—will get super-strong! **by ANDREA STANLEY Photos by PERRY HAGOPIAN**



Tush Toner

MOVE:
Jump Squat
WHAT TO DO:
A Stand facing your bestie with about two feet of space between you. Place feet shoulder-width apart and lower into a squat, pressing your weight into your heels and keeping knees over toes.
B Engage your core and jump as high as you can, high-fiving your BFF in the air. Land softly back into a squat.
Do 3 sets of 15 reps, resting 30 seconds between each set.



FASHION EDITOR: ADAM MANSUROGLU. HAIR: NATASHA LEIBEL FOR ABTP.COM. MAKEUP: JAMIE DORMAN FOR ABTP.COM. MANICURE: TATYANA MOLOT FOR ABTP.COM.
ON KATRINA: SPORTS BRA, BEBE; PANTS, WELL KEPT; SNEAKERS, NIKE. ON KARENA: SPORTS BRA, WELL KEPT; PANTS, MARA HOFFMAN; SNEAKERS, NIKE.



TEAM WORKS!

Fitness with a friend isn't just a blast—studies show you're less likely to ditch the gym (ahem, binge-watching *The Vampire Diaries* can wait) when you're going with someone.



Core Strengthener

MOVE: Lower-Abs Push
WHAT TO DO:
A Stand with feet hip-distance apart while your friend lies with her head at your feet, holds your ankles, and extends her legs to the sky.
B Push her legs away from you as she uses her stomach muscles to keep her feet from touching the ground. Return to start. Do 3 sets of 20 reps, resting 15 seconds between sets—then switch positions.

Leg Shaper

MOVE: BFF Bridge
WHAT TO DO:
A Lie on your backs, facing each other, with butts far enough apart that your legs are bent at a 90-degree angle. Then place your feet sole to sole and keep arms flat at your sides.
B With equal pressure, press your feet into each other's as you lift hips off the ground. Slowly lower back to start. Do 3 sets of 15 reps.





SUPER BOWL

Eating after a sweat session helps repair muscle tissue, so whip up this good-for-you snack.



PUMPKIN-SPICE SMOOTHIE BOWL

INGREDIENTS:

- 1 scoop vanilla protein powder
- 1 cup unsweetened almond milk
- 4 pitted dates
- ½ cup pumpkin puree
- 1 tsp. cinnamon
- ¼ tsp. pumpkin pie spice
- 4 ice cubes

TOPPINGS:

- ½ sliced banana
- 1 tbsp. chia seeds
- 1 tbsp. pumpkin seeds
- 1 tbsp. pomegranate seeds

DIRECTIONS:
Place the ingredients in a blender. Blend until smooth. Pour into your fave bowl and add your toppings. Instagram it—and then share with your BFF!



Arm Sculptor

MOVE: High Plank
WHAT TO DO: Face each other in a plank position with arms extended; your body should be straight from shoulders to ankles. Keep abs engaged as you both lift right hands and clap them together at center. Return to start; clap left hands together for one set. Do 3 sets of 15 reps.

#TEAMFNV

Jessica ALBA presents BEET CHIC

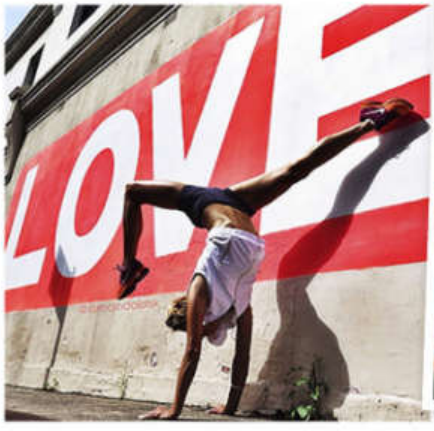


FNV

FRUITS AND VEGGIES IS NOW OFFICIALLY A BRAND.
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GOT #FITSPO?

Whether you want to reach a running goal or hold a plank for a minute, these fitness Instas will seriously motivate you. In this case, it's totally okay to be a follower. by ANDREA STANLEY



@AMANDABISK

INSPIRES YOU TO work it out everywhere. The former Australian pole-vaulter's posts show her sneaking in fitness from building tops to the street.



@THEBALANCEDBLONDE

INSPIRES YOU TO do all the good-for-you things. You'll find healthy recipes (like hot-pink smoothies!) and lots of body-positive messages.



@GYPSETGODDESS

INSPIRES YOU TO strike a yoga pose wherever you are. Bonus: You'll get tons of genius photo inspo and adorable workout #OOTD ideas.



@MIMIS_MEALS

INSPIRES YOU TO think healthy about lunch (but doughnuts occasionally cameo because #balance). The recipes are so cute, you'll be the envy of the caf.



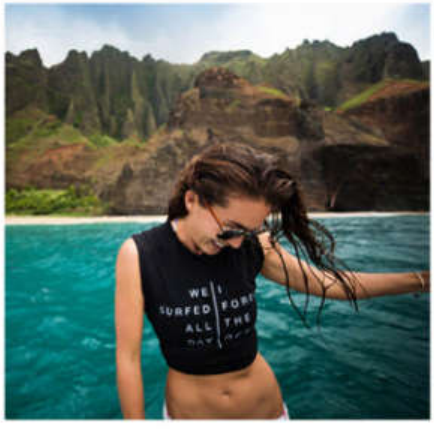
@MYNAMEISJESSAMYN

INSPIRES YOU TO be bold, confident, and believe your body is capable of doing anything—like mastering your handstand!



@LEANGIRLSCLUB

INSPIRES YOU TO run a 5K—or at least lace up your sneakers for a jog. If sprinting isn't your thing, there are plenty of #shoefie posts to obsess over.



@CHELSEAKAUAI

INSPIRES YOU TO say buh-bye to the gym. Chelsea's outdoorsy adventures in Hawaii include paddleboarding and hiking. Hello, dream life.



@ELLAGRACEDENTON

INSPIRES YOU TO conquer your #zengoals. Ella's meditative trips and her wellness app recs will make you want to join her free-spirited squad.



@KATIE.AUSTIN

INSPIRES YOU TO change up your routine. This USC student has plenty of get-fit ideas, like toning moves you can do when you're on your couch!

CHELSEA YAMASE: SAM POTTER. ALL OTHER PHOTOS: INSTAGRAM.

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What He's Thinking ... When YOU'RE Being Emoji-nal!

The kissing face. The smirk. Heart eyes. All those faces can translate so many ways. So before you hit send on that text, turn the page to find out if you're giving guys the right message.

by HEATHER VIGGIANI

MAIN PHOTO: CHRIS ECKERT/STUDIO D. EMOJI CLOUD AND MAGNIFYING GLASS: COURTESY OF EMOJISTICKERS.COM

DECODE HIM ON SOCIAL MEDIA

Stop obsessing over his moves and get a real read on his behavior.

FROM...	😍	😘	😬	😉	🙊
A FRIEND	"If it's in response to an Insta post, it still **feels really friendly,** but if it's out of the blue in a text, it feels like more." –Winston	"Where heart eyes say 'I adore you!' this says 'Let's kiss.' That being said, **it can also just mean 'Goodbye' from a friend**." –Duran	"Either she **did something wrong or needs something**! I almost always have to ask what the other person means when they use this." –Winston	"*Hmmm . . .* **she might be catching feelings**! But if I'm already close friends with her, I think she can use any emoji and I won't question it." –Christian	"This doesn't mean much, but if I think it's alluding to the fact that she has something more to tell me, **I might wonder if she's into me.**" –Layton
A CRUSH	"This can really mean **she's trying to be next level,** and that's what I want to see from someone I'm into!" –Layton	"When it comes to anything positive from a crush, I'm likely to read into it and **hope it means she likes me!**" –Christian	"This **shows some vulnerability,** like she's opening up about something she's nervous about, which is pretty cute." –Layton	"This face says 'Let's hook up.' And if it's on one of my Insta posts, it means **she definitely wants to slide into my DM.**" –Winston	"It's **a great icebreaker;** it makes me laugh and feel at ease about chatting with her. It's just adorable!" –Duran
A GIRLFRIEND	"At this point, **you expect to get this one,** but if it's used way too often, it can start to lose its meaning." –Christian	"It makes me happy, but if my friends were to see it, I'd get a tad embarrassed. **It's like the virtual version of PDA.**" –Layton	"This says **she's unsure of something.** I would start rereading my texts to make sure I didn't say anything wrong." –Christian	"It's either **really playful or it's her way of beating around the bush.** I might ask her a follow-up question if she uses this alone." –Duran	"It's a little shy, which I guess could show that **she's stepping out of her comfort zone** and getting real with me." –Winston
AN EX	"**I wouldn't know how to respond,** if at all. It makes it even more complicated!" –Duran	"**I'd be like, 'What are you doing?'** It's just seems kinda weird in this situation!" –Winston	"No matter who's sending this, it makes me feel like they're trying to say they're **walking on eggshells.**" –Duran	"It's actually **a pretty sarcastic look.** It can keep things light between exes, which I'm always looking for." –Layton	"It's kind of an **informal emoji** to be using. It can say, '*Ohhh,* I can't believe you did that.'" –Christian
THE VERDICT	**It's a carefree way to weigh in on something, but it sets a romantic tone when used all the time.**	**While it carries more flirt weight than heart eyes, it can always be a harmless way to sign off on a convo.**	**Is it a big smile? Or is it saying "Eek!"? Use this commonly misunderstood emoji with extreme caution!**	**Smirking keeps things interesting, but it can also raise a bunch of questions. Use it if being coy is your MO.**	**Monkeys are just. plain. adorbs. Don't use this if you have something truly serious to spill!**

MEET OUR GUYS



Winston, 21
Hometown: Linden, NJ
Fave emoji:



Christian, 19
Hometown: Castle Rock, CO
Fave emoji:



Duran, 20
Hometown: Oakland, CA
Fave emoji:



Layton, 16
Hometown: Orlando, FL
Fave emoji:

There's another girl on my crush's Snapchat list who "scores" better than me in the contact department.

–SHIVANI, 21

"Of all the social networks, guys use Snapchat to be the goofiest. He could just be sending her cat memes! I wouldn't mind if my crush asked me lightheartedly, 'Who's your best friend on Snapchat?' but if it sounded more like an accusation, I might freeze up."
–Layton

My crush knows that I like him, because I've flat-out told him. But he keeps favoriting my best friend's tweets.

–JACKIE, 18

"Ask yourself this: Is your bestie one of those super-funny people on Twitter? If there are other reasons you think he's into her, then you might want to ask about it, since you've already opened up about crushing on him."
–Duran

My boyfriend always made his profile picture a photo of the two of us, but he changed it to a solo pic.

–LIV, 21

"If this is something isolated and not part of a general shift in the relationship, I wouldn't be too concerned. After all, it's his profile, not yours together. If he took you out of his bio, now that would be worth discussing."
–Winston

WINSTON AND DURAN: CHRIS ECKERT/STUDIO D. CHRISTIAN AND LAYTON: COURTESY.

FROM *THE NEW YORK TIMES* BESTSELLING AUTHOR ELEANOR HERMAN

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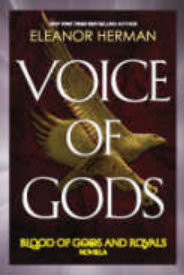
Cinda Williams Chima,
New York Times bestselling author of
The Seven Realms series

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Alex Flinn,
#1 *New York Times* bestselling author
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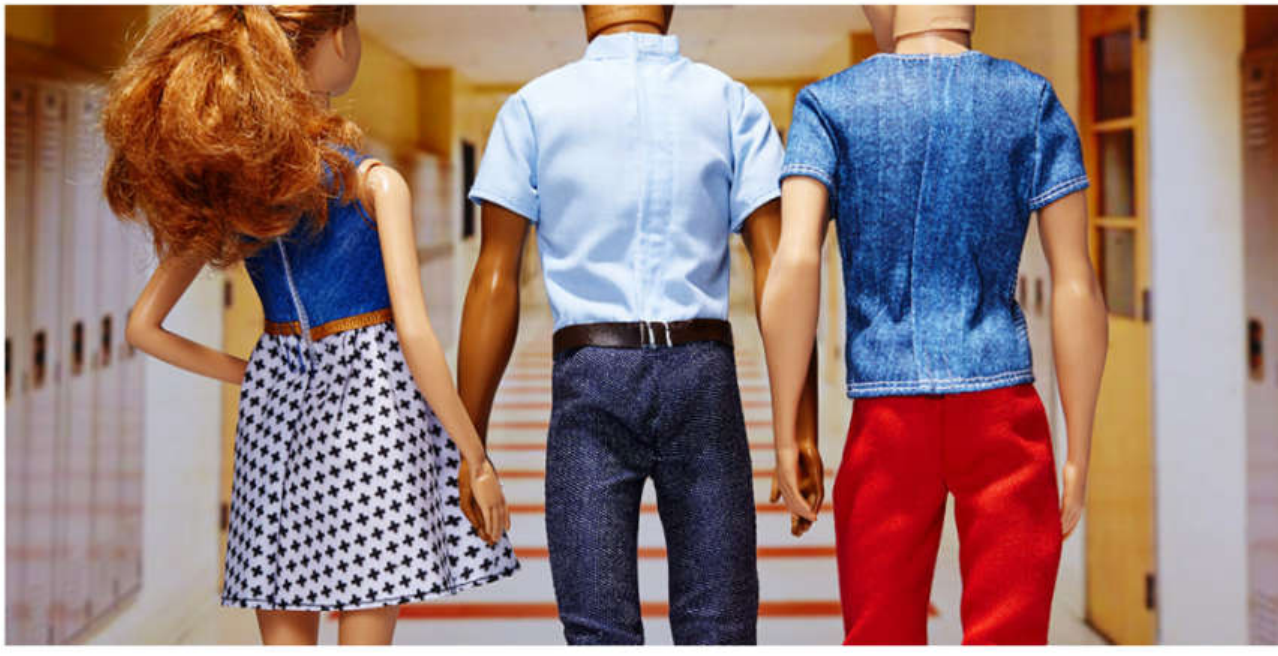
Arwen Elys Dayton, author of *Seeker*



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"I Dated a Bisexual Guy"

I fell for someone who also liked boys—and the hardest part was dealing with everyone else's opinion about it. **BY MADISON FELLER**

When my senior year of high school rolled around, I wasn't focused on guys or dating. But that changed when I fell for the boy next to me in calculus. At first, I didn't know Sam* that well, but I was aware that he came out as bisexual during our sophomore year. We quickly became math buddies, and I didn't think much about his dating life (though at the time, I knew he did have a girlfriend). As the year went on, I got to know him better and found myself really liking his taste in books, the way he'd nerd out about derivatives, and his sweet smile.

I was usually shy around guys, but when Sam told me he broke up with his girlfriend, I surprised myself by saying if he needed a date for prom, he could take me. He didn't respond right away, but one night during the spring play, I got a note while I was backstage. It was a promposal from Sam! I found him afterward, gave him a huge hug, and said, "Of course." When he gave me my first kiss a few weeks later, I spent the entire night smiling.

Every minute we spent together, from the first time he played his guitar for me to our official first date, I fell harder and harder. Because he was so thoughtful and caring, I didn't have doubts about whether he returned my feelings. I also never felt the need to discuss our sexual orientations. We could both crush on Orlando Bloom in *The Lord of the Rings* and it didn't bother me at all.

The only time his being bi came up was when I told him that I felt a little nervous knowing he had more experience hooking up with guys than I did. He told me not to worry about it and put my insecurity at ease. I can't even explain how, but he had such a way of making me feel comfortable.

Sam was everything I could have wanted in a boyfriend. We did our homework under cherry blossom trees and picnicked in the park. For our anniversary, he even painted a vintage typewriter with my favorite colors! Even though things were going so well between us, I was surprised by what some people would say to me. Someone told me I couldn't have a future with him because "one day he would just be gay." I never took it to heart, but it was frustrating to know people weren't seeing Sam for who he really is or taking our relationship seriously.

Once when I was hanging out with friends, someone referred to Sam as a "f**." He wasn't there to defend himself, and I was so taken aback that I couldn't figure out what to say. When I told him about the incident, he brushed it off. It reminded me not to let other people's opinions get to me. After all, I had butterflies when I was around him, and when he carried me out of prom because my heels hurt too much, the last thing on my mind was whether or not he also liked boys.

We ended up dating for a year and a half but eventually broke up when we went to college and our long-distance relationship got to be too difficult to maintain. It was a mutual decision, and we've even remained good friends. The thing I value most about our time together is that it opened up my mind to what really defines a good relationship. If you're with someone you're attracted to, who supports you and shows you respect and love, what more could you ask for? I feel lucky to have been with someone who sees everybody equally but, at the same time, was able to make me feel so special.

*Name has been changed.

PHOTO: BEN GOLDSTEIN/STUDIO D.

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Want things to go this well? The trick is to come fully prepared.

get YOUR PARENTS *to say* YES!

Want to ask for extra cash? A later curfew? More privacy? Whatever you want, you can have it with these 10 tips from *How to Raise Your Parents* author **Sarah Burningham.**

by HEATHER VIGGIANI

1 Do a Reality Check

Be honest with yourself and make an ask only if you can *actually* picture getting a yes. Pushing for something totally out of the question is a waste of time and can hurt your cred.

2 Review Your Track Record

Does your recent behavior prove you're ready to handle this? Make a request only when your trust tank is full—not running on empty.

3 Back Up Your Case

Think like a lawyer and present evidence. (Asking for more freedom? Find a credible study that proves the benefits.) Also find out if any of your friends' parents—whom they respect!—have already said yes to the same thing.

4 Avoid a Hangry Audience

Timing is everything. Don't proposition your parents before dinner! Wait until everyone is full and relaxed.

5 Pick the Right Outfit

Go with a power color! Studies show that wearing blue can inspire confidence, while red makes people think you know what you're doing.

6 Don't Lose Your Chill

If you start to get pushback, take a deep breath and avoid freaking. The convo will likely end the instant you start flipping out.

7 Serve Up A Warm Drink

Research indicates that offering a hot beverage can improve your power of persuasion. One round of PSLs coming right up!

8 Be Totally Honest

Surprises aren't cool. Spell out every little detail, especially the ones you know your parents may not be totally okay with (like if there won't be chaperones or you'll be home late). You don't want to get caught lying by omission.

9 Set Up a Give-and-Take

Sacrifice something to show how much you value the privilege you want—like offer to help out at home on the weekend in exchange for staying out on a school night.

10 Don't Push Your Luck

Asking repeatedly is usually not a good idea, especially right after a no. Give it some time and go back to your parents again—only if something has changed in your favor.

PHOTO: GABRIELLE LUTZE/STOCKSY.

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Life After Going Viral

Three Internet sensations discuss their instant fame—and how it's affected their friendships IRL. **by HEATHER VIGGIANI**



"I'm just trying to stay humble on this wild 'Internet celebrity' ride!" –Alex Lee, Frisco, TX

"YES, I'M 'ALEX FROM TARGET'"

ICYMI: Alex, 17, was at work (looking adorbs!) when a stranger posted this pic and basically broke Twitter.



Twitter followers went from 150 to 750K

Being an "overnight sensation" is a very weird experience. It's flattering to have so many "fans"—I still haven't gotten used to girls bursting into tears when they see me at the mall and I really hope I never do! But I've dealt with my fair share of haters—even some death threats—and I've felt like some people were trying to use me. I've also gained *so* many followers on social media, and at times, I feel a lot of pressure to keep them interested and to always say the right thing. But I still wouldn't take this experience back. I've met so many new people, and I've been a guest on DigiTour. I now consider my tour mate Sam Pottorff my closest bud; we hit it off right away. Whenever I have a break, I still hang out with my friends from back home. They treat me pretty much the same as always. I'm pursuing a career as an actor now, but between my friends and my parents—who still nag me to do my chores and my schoolwork—I think I'll be able to keep my feet on the ground.

"MY PROM DRESS MADE ME FAMOUS"



Instagram followers went from 3,500 to 60K

"I am so happy I got my message out there!" –Kyemah McEntyre, East Orange, NJ

ICYMI: Kyemah, 18, made national news when the flawless gown she designed was shared by everyone.

I decided to design my own prom dress to express my creativity and pride in my Ethiopian heritage and to show girls how important it is to be yourself. When the big night arrived, I wore my hair in a natural Afro and totally owned the princess-style dress. Like every girl, I posted tons of pics to my Instagram right away. Soon, I had classmates telling me that one of my photos was blowing up! At that point, I hadn't even checked my phone—I was just enjoying the night. I was proud when I saw that an insane amount of people, including women I look up to, like Sanaa Latham and Tyra Banks, were loving my creation and the message behind it. My closest friends told me I was destined for this. I'm still having a hard time believing it! One of the coolest things is when someone reposts a quote of mine. (Not so cool? Having my Instagram account hacked.) If you would have told me back in May that I'd be designing a BET Awards dress for Naturi Naughton from 3LW [see inset], I would have said, "Get out of here!" Yet that's exactly what happened. India Arie, one of my idols, reached out and said, "We need more girls like you." That's the sort of thing that pushes me to keep doing me.

LEE: JORDAN TUGRUL/DOONEY & BATTLE. MCENTYRE: COURTESY. NAUGHTON: VINCENT SANDOVAL/GETTY IMAGES. O'DELL: COURTESY.

"I WROTE THE BEST COLLEGE REJECTION LETTER"

ICYMI: Siobhan, 18, refused to accept Duke University's rejection, and her epic reply became a huge Tumblr reblog.

I didn't think anyone was going to read the letter. It was just meant to be a silly joke. I posted it right before I went to bed and woke up to a gazillion messages in my Tumblr inbox. I started to freak and googled my name to find there were entire articles written about me. I had followers flooding in and thousands of friend requests. When I got to school, my actual friends started acting like a celebrity entourage, weirdly offering to carry my backpack. I said no! Once I walked into a room and someone I didn't know well said, "Oh, there's Miss Famous!" At first it was embarrassing, but we started chatting, and I realized she was sarcastic like me. It's like this entire thing is an icebreaker, helping me get to know people I never would have spoken to otherwise. The funny thing is, I've been spending even more time with some of those newer friends than my old ones. As for college, I'll be attending the University of South Carolina, and there may be people who realize who I am. I only hope my "fame" continues to be a bridge for making new connections.



"People outside of my squad came up to me at school and started striking up conversations!" –Siobhan O'Dell, High Point, NC



girl off-line

Stories by **MICHELLE TAN**
Photographs by **BELLA HOWARD**
Styled by **FIONA DOWNIE**

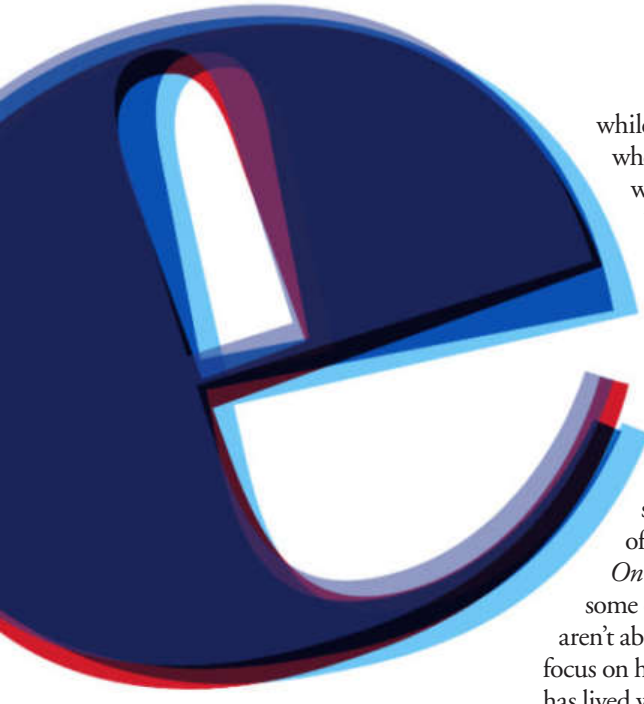
BEHIND HER MAKEUP VIDEOS ON YOUTUBE, **ZOE SUGG** BATTLES ANXIETY. NOW SHE'S SPEAKING UP TO CONNECT WITH TEENS WHO FACE THE SAME STRUGGLE—AND HELP THEM FEEL LESS ALONE. PLUS: HER ADORABLE FRIENDSHIP WITH **TYLER OAKLEY.**



Group Chat

"As a teenager, I wasn't sure what anxiety was. I feel like it's a conversation that should open up to young people, who might not understand what's happening to them," says Zoe, who works with the mental health charity MIND in the UK.

SHIRT Frame, net-a-porter.com.
SKIRT American Eagle Outfitters, ae.com.
EAR CUFF Freedom at Topshop, topshop.com.
NECKLACES Elizabeth & James, bloomingdales.com.



EVEN WHEN ZOE GOES ON VACATION, SHE CAN'T RESIST BEING IN FRONT OF A CAMERA. DURING HER RECENT TRIP TO MYKONOS, GREECE, SHE FILMED AN OUTFIT DIARY FILLED WITH SHOTS OF HER WEARING JEAN SHORTS WITH CUTE LACE TRIM, A PALM-TREE-PRINTED JUMPSUIT, AND A FLAWLESS WHITE DRESS FOR A DATE NIGHT WITH HER BOYFRIEND, ALFIE DEYES. "I WAS HAVING A CONVERSATION WITH MY DAD EARLIER AND HE SAID, 'YOU DID END UP WORKING

while you were away!" says Zoe, who explains, "It only feels like work when you have to edit it. Then I'm like, Ugh, why did I film?!? But I enjoy giving people insight into the things I love."

Who doesn't love it when Zoe (you know, Zoella), shows off a metallic crop top she scored during a late-night online shopping spree? Or reveals the cover of her new book, *Girl Online: On Tour* (out October 20)? But some of her most clickable videos aren't about her fashion hauls. They focus on her anxiety—a condition she has lived with for more than 10 years. "A lot of young people look at me and think, She has the perfect life: She's got the boyfriend, the house, the dog, the book, the successful YouTube channel. Not everything is perfect," says Zoe via Skype as she sits in her bedroom in the Hove, England, home she shares with Alfie. "Sometimes I have days where I don't want to leave my bed, or I'll have multiple panic attacks."

In fact, before boarding her flight to Greece, "I actually had a panic attack in the airport," Zoe admits. "Alfie's sister, who is great, was like, 'Breathe! You're not breathing!' I didn't realize I wasn't."

As a teen, she wasn't aware that something was truly wrong with her. For most of her childhood in Brighton, England, "I basically blended in," says Zoe, now 25. "I wasn't the naughty child. I wasn't the popular one. I wasn't the child who was bullied. I wasn't the bully. I was just the one who was friendly to everyone. I actually really enjoyed school." But there were moments when she felt . . . off. "Sometimes I'd get hot or panicky. Or I'd feel like everything is coming in on me, but I thought maybe it's just a weird phase."

Now she hopes to use her YouTube channel to help teens identify and manage their own mental health issues. "For so long, I didn't understand the feelings I was having, and I kept feeling so isolated," she says. "There is a whole stigma around mental health—no one wants to talk about it. But it's nice to help people realize that there are a lot of people suffering in the same ways."

As she talks more about how she copes with her panic attacks, handles negative comments, and what it's really like to date a fellow YouTuber, she's so relatable, honest, and inspiring. In other words, Zoella will give you heart eyes.

You've talked very openly about having anxiety. Did it ever stop you from making videos?

When I came to YouTube, it was comforting to sit and make video diaries. It wasn't that scary. It was only when things started happening. "You've been invited to an event in London—hop on the train!" That's definitely out of my comfort zone. Sometimes I'm really confident as Zoella. When it comes to picking up an award in front of 9,000 people, I'm like *[snaps]*, I can do that. But the Zoe part of me is like, "Trains are scary!" It's as if I have two different sides.

When does an anxiety attack tend to happen to you?

It normally happens in situations where I can't leave. It can be anything from a meeting or a train journey or at airports. For me, the airport is hard because you're inside, then you're in the plane, and you don't see any fresh air until you're out the other side. I find things like that very difficult.

What does an attack feel like?

I would describe it as the walls are coming in, and it's going very dark. Everything becomes very warped—someone could be having a conversation with you, but you're just watching their mouth move. There's one part of your brain that says, "Good luck getting on that plane!" Then your conscious mind is like, "You're fine." Afterward, it's as if you were running 100 miles an hour on a treadmill and you kind of slowly come to a stop. You're sweating, exhausted, and you think, I need to lie down! You get frustrated. And then you're like, Why does this have to be ev-er-y time?!? It's mentally exhausting.

FASHION STYLIST: FIONA DOWNIE AT FRANK AGENCY. HAIR: PHILIPPE THOLIMET AT STREETERS USING ORIBE HAIRCARE. MAKEUP: CAROLYN GALLYER AT CLM HAIR AND MAKEUP USING BOBBI BROWN. MANICURE: JEN McCOLL AT FACTORY USING CHANEL. PRODUCTION: WE ARE UP PRODUCTION.



Point of View

"My videos are less about me and more about making people happy. It's about giving fans 10 minutes to forget about anything they're worrying about," says Zoe (with her pug, Nala).

JACKET
Wildfox, wildfox.com.
DRESS Topshop, topshop.com.
EAR CUFF AND RING
Freedom at Topshop, topshop.com.
BRACELET
(worn throughout), Zoella's own Cartier.



One and Done

"I watch all my videos to make sure I've edited them properly. Then I upload them—and never watch them again!" says Zoe. "After I've edited for, like, seven hours, I'm sick of my voice!"

As a teen, did you try to talk to someone about your anxiety?
I hid it because I didn't understand what it was. And none of my friends had it, so I was like maybe this is just me transitioning from girl to womanhood. Maybe it's my hormones.

When did you realize it was something you shouldn't hide?
It was probably when I was 18. My girlfriends would text me: Girls' night out, come! And I'd say I don't really want to. I looked like the friend who bailed all the time. And I wondered, Why am I saying no? Clearly, it's because of these feelings I'm having, so I need to look into it. I looked online actually. I was typing in things like "fast heartbeat," "wanting to get out"—and it said panic attacks! Then I spoke to my parents, but they didn't know much about it. Then I went to a doctor who said, "It sounds like you have anxiety."

Do you think anxiety is always going to be part of who you are?
I have a therapist whom I speak to every week, which I find extremely helpful. The way my therapist explained it was you want this to be an aspect of your life that you can change. It's always something I am striving to make better. Having had anxiety for 10 years, it's going to take awhile to undo everything I've managed to work up in my brain. Hopefully one day I can be in an interview where I can be like, "I worked through it, and you can, too."

You've already accomplished so much—like writing a new book! There was a lot of backlash around the first one. How do you handle negative comments?
There will be days that I laugh about it. There will be days where I'm like, This is awful. You have to not take it personally. A lot of the time, the commenters are probably not happy in themselves. And I do like to say sometimes your haters are your biggest fans!

But it's crazy how the negativity can affect you. How do you get past it?
That's where friends and family really come into play. Those are the people who know you and who you should be surrounded by.

Speaking of those people, how do you spend your downtime with Alfie?
Um . . . what *do* we do?!? *[Laughs.]* Walking Nala is always nice because it's the time we're not tapping away at something. We're actually having a conversation.

Is it hard to date another YouTuber?
It's good because they totally get it, and your schedules are so flexible. But Alfie and I cannot film together most of the time because we're both perfectionists. If he's helping me do my setup, he's like, "The lighting looks awful." And I'm like, "No, I think the lighting looks fine," and then it could be an argument! And then I think, This is when I wish we didn't do the same thing!

In the Zalfie household, is there an equal division of chores?
Alfie is definitely neater than I am. I make piles upon piles of my stuff, so it's not tidy, but it's organized messily. Sometimes he's like, "Okay, let's tackle the piles!" He'll do the dishwasher, and I'll make the bed. I'll do the washing. He'll do the hanging out to dry. It is very shared.

What's your best piece advice for teens?
I would just say the things that you feel that are so huge right now you will look back on and laugh about. You can feel so wrapped up in things and think, My life is over! This is awful! How am I ever going to survive this? Then when you grow as a person, you will be able to think, Why did I worry so much about that? It's just a part of growing up, though, isn't it?

ZOE'S Secrets to an Awesome YouTube Channel!

1. THE CAMERA
The one I'm currently using is a Canon G7X, which is good for main channel videos. I've been through a lot of vlogging cameras, because you carry them around in your handbag and get rubbish from the bottom of your bag stuck to the lens!

2. THE BACKGROUND
There's always the classic: fairy lights and candles. You want to make it a cozy environment and put in your own personal touches. I just sit on the edge of my bed because for me your bed is the coziest place to be, and you want people watching to feel as comfortable as you are filming.

3. THE CONTENT
The advice I always give is to be yourself and have fun. If you're not having fun, no one is going to have fun watching your videos. Also, don't worry if you hate your first video because most YouTubers hate theirs. We all go through the same process.



ON TYLER:
JACKET Tiger of Sweden, tigerofsweden.com (similar styles).
TEE Whistles, whistles.com.
PANTS BoohooMAN, boohoo.com.

he said, she said

FOR TYLER AND ZOE, THEIR FAVORITE COLLAB HAS BEEN THEIR LONG-DISTANCE FRIENDSHIP. WE GOT THEM TO DISH ON WHAT THEY REALLY THINK OF EACH OTHER, BFF BONDING, AND MORE!

HOW DID YOU FIRST MEET?
Zoe: It was at PlayList Live in 2013—and it was his birthday. I knocked on his door, and he opened it with a glass of champagne in his hand. We just hugged, and it was like we were meant to be friends.
Tyler: I was DM-ing her on Twitter and was like, We should meet up! We spent the entire convention together because I am obsessed with her.

WHAT WAS YOUR FIRST IMPRESSION OF EACH OTHER?
Zoe: He's just one of those people who you instantly feel like you've known forever. He's this really positive, magnetic character.
Tyler: My first impression was that she's a fun human. She and I are just dorks. Last year, I felt so stressed and I needed a weekend away, so I booked a flight and stayed at her house. We chilled, just the two of us. We can be in each other's presence, on our laptops together, and not even speak.

SHARE ONE SURPRISING FACT ABOUT YOUR BFF . . .
Zoe: Oh, the things I could say right now. . . . *[Laughs.]* I would say that he's a lot more sensitive than people think. He's got this really great confident sassiness, but he can also be soft and cuddly. Like a little teddy bear or a marshmallow.
Tyler: She messes with me all the time. She filmed me naked! I was at her place taking a shower. She burst in, filming me. She's cackling; I'm screaming. I finished my shower and ran out, and she's on the bed, laughing. She's literally crazy and so spur of the moment.

WHAT'S YOUR IDEAL BESTIE DATE WITH EACH OTHER?
Zoe: I would say either mooching around Brighton or being at home, just chilling on the bed with our laptops, chatting, laughing, him showing me some kind of video. It's like laptop club.
Tyler: We've done the Disney Challenge on YouTube three years in a row, so just the two of us at Disneyland would be perfect—and we have to end it with the World of Color.

ON ZOELLA: (INSET PHOTO, OPPOSITE PAGE): PINK DRESS, FYODORGOLAN. FYODORGOLAN.CO.UK.



An Open Book

"A 3-minute video or a 30-minute podcast is supposed to be lighthearted and fun," says Tyler. "A lot of things you can't dive into like that. The book felt like a way for me to process stuff."

JACKET AND PANTS ASOS, asos.com.
SHIRT Whistles, whistles.com.

A Different SIDE Of tyler

WHAT HASN'T **TYLER OAKLEY** SHARED WITH HIS SEVEN MILLION FANS? *A LOT.* HERE, THE YOUTUBER TACKLES TOPICS HE NEVER TOUCHES ON SOCIAL MEDIA. BONUS: AN EXCLUSIVE PEEK AT HIS NEW BOOK. (YOU'RE WELCOME!)

Tyler Oakley is fuh-reaking out. The flustered YouTuber is sitting cross-legged on a couch, wearing a black hoodie and jeans, trying to hide his face behind a water bottle. "I don't think I can look at you right now!" he says, as he bursts into a fit of his infamous giggles. Tyler is beside himself because he just found out someone *[Note from Michelle: That would be me!]* has already read his book, *Binge,* which doesn't come out until October 20. Why is the same guy who has racked up more than 453 million views on YouTube so nervous about what people will think about his new collection of stories? Turns out, there are secrets in *Binge* that his seven million subscribers—not to mention his mom, Queen Jackie—don't even know about. "The book is more intimate," says Tyler. "What I do on YouTube is share unapologetically. This book is the exact same, but a lot deeper." So along with his signature humor (there's a chapter called "Beyoncé for a Day" and it's glorious), Tyler discusses his downward spiral into anorexia and bulimia as a teen—and he gives you the first look at that emotional journey on the next few pages. He also dives into one topic he's avoided for years: his dating life.

Though getting a bit more serious is "scary," Tyler feels like his latest project has a purpose. "This is a book I would have needed in high school," he says. "It's good to hear about these things and not to act like they don't exist." So with a deep breath, he finally drops the water bottle—and some truth bombs.

He Wants to Share His Eating Disorder Struggle

"Talking about it is really hard because it's something I suppress and work through every day. And I haven't really talked about body image in videos. I assume when people read this, they'll be like, 'Oh, you're not fat.' That's not what it's about at all. Even when I was the skinniest I'd ever been, I was still not happy. If I could go back, I would tell myself, 'You're not the only person going through this.' At the time, I thought I was, and that's why I didn't want to talk to anyone about it. I was taking matters into my own hands."

He Still Has Body Image Issues Today

"With videos, meet and greets, and a million pictures a day, it's definitely a thing that I think about. It's not about clothes fitting. It's not about feeling chubbier than normal. I'd beat myself up over a day that I'm not active. If I'm lazy, then I'll feel grody. On a car ride from San Diego to Anaheim, I was thinking I haven't exercised, but I was so hungry for lunch. I was like, It would be easier to skip a meal than work out—and I immediately tried to get it out of my head because that was how I fixed things back in the day. But it's less tempting than before. The best day for me will be when I feel inspired to get out of bed and immediately go on my run. Then I take my vitamins, my fish oil—which makes me feel like a grandpa!—drink lots of water, and it's 9 or 10 A.M. and I feel like I have the rest of the day ahead of me."

He Has a Love Life. (He's Finally Talking About It!)

"Relationships have always been sticky. You know those friends who have so many opinions about everything in your relationship? Imagine that with millions! It's not that I don't appreciate the concern; it's just some things I have to figure out on my own. So when it came to talking about relationships in a video, I didn't want to open up that Pandora's box. If we were to break up, I didn't want people to have an opinion of who's right or who's wrong. To me, it's already so confusing. But sharing something that has happened in the past is important. The chapter about my first boyfriend, Adam [who was closeted then but has since come out] was my absolute favorite. I am paying respect to something that changed me forever. It was a dumb first love—and everyone has one, whether you're in

FASHION STYLIST: FIONA DOWNIE AT FRANK AGENCY. HAIR: PHILIPPE THOLIMET AT STREETERS USING ORIBE HAIRCARE. MAKEUP: CAROLYN GALLYER AT CLM HAIR & MAKEUP USING BOBBI BROWN. MANICURE: JEN McCOLL AT FACTORY USING CHANEL. PRODUCTION: WE ARE UP PRODUCTION.

high school or college or whatever. That's something you can relate to. And we've both grown up since."

He's Taken. Sorry, Guys!

"Yes . . . I'm dating! *[Giggles.]* As someone who is inadvertently a performer, I've come to realize that relationships shouldn't be a performance. That's why I don't really share them. I don't really Instagram with boys. I don't ever want to get mixed up with thinking I have to be delivering content based on something that should be the No. 1 thing in my life."

His Future Husband Is "Driven" and "Goofy"

"The ideal guy would be somebody who's driven and passionate, but who knows how to log out of work. Somebody who is goofy. Somebody who can make me laugh. Somebody who knows when I need a hug. Somebody who can hang out with my mom without me. Somebody who likes food courts. Somebody who makes me a better person—and makes me excited to spend the day with him."

He Wants His Mom to Walk Him Down the Aisle

"I have no intention of getting married anytime soon. But [after the equal marriage ruling], I tweeted at my mom about how she can now walk me down the aisle one day. To me, that was what it was about. When I thought about my wedding, I had always imagined it big and grand. But now, I think the wedding itself will be, like, 10 people and then everyone can come to the party afterward. Who knows? Maybe I'll sell it to E! as a wedding special like Lance Bass or a Kardashian! That would be incredible."

He Hopes You Mess Up (And It's Totally Okay!)

"I want my fans to take away the concept of getting messy with life. It's okay to be embarrassing and make a fool of yourself. It's okay to have bad experiences and good experiences as long as you're learning from everything."

Awww! #TBT With Tyler . . .



1991
"The look of a mischievous 2-year-old, most likely up to no good!"



1994
"I always liked to switch up my hair—starting with my grandma's wig collection. I was 5."



1996
"Seven years old and clearly looking for a modeling contract."



2011
"Celebrating graduation day at Michigan State University with my mom, the woman who made me the man I am today."

exclusive! your binge sneak peek

FOR TYLER, WRITING ABOUT HIS BODY IMAGE BATTLE WAS "HARD"—BUT "IT'S IMPORTANT TO TALK ABOUT."

I was always a bit plump. I was the type to wear a T-shirt in the wave-pool, and while it helped with blocking out harmful UV rays, it screamed one thing at the time: fat kid is ashamed of being fat but still wants to splash around at Dollywood. In seventh grade, I was overweight, and I was done being fat. I got a membership to the local YMCA, where I ran and lifted weights before school every morning. My parents supported me, thinking I was just getting in better shape, but what they didn't know was that while I was overexercising, I was also undereating.

While I still packed a lunch every day, I'd throw it into the garbage as soon as I got to school. I'd sit with my friends, eating a small pile of pickles from the condiment station in the lunchroom. It was an attempt to trick my body into thinking it was getting a meal, for almost zero calories. When it came to dinner, controlling my food intake at home was easy. We only ate one meal a week together buffet style. I'd get up and get "seconds," but really just rearrange my plate. Looking back, the intense precautions I took to keep it a secret demonstrate that I knew how wrong what I was doing really was.

I was constantly exhausted and always dizzy, but in my head, I was suffering to get to where I wanted to be in life. In a little more than a month, I lost 30 pounds and became a skeletal version of myself. Although my ribs

protruded and my waist was smaller than ever before, all I could see were problem areas. Sure, I lost some weight, but I could still lose more, right? When my parents realized I had a problem, it was too late. My face sunk in, and none of my clothes fit me. Not knowing what to do or how to help, they sent me to therapy, where I sat in silence, refusing to speak. I had weekly weigh-ins with a doctor, and if I hadn't gained weight, I was grounded. Most weeks, I chose being grounded over gaining a pound.

All day long, I thought about food. Sometimes after a long week of starving, I'd sneak into the kitchen in the middle of the night and lose control. I'd silently remove the cover from a tray of cake and glide my fork carefully along the side of the cake, attempting to leave absolutely zero proof that I had been there. In a matter of minutes, I'd devour small bits of the leftovers in the fridge, snacks in the cupboard, and baked goods on the counter. Coming down from my frantic binge-blackout, I felt excruciating shame. I had just undone all my hard work and discipline of the week, and I hated myself even more because of it.

While before I couldn't run because I was overweight, now I couldn't run because I got dizzy from exhaustion. I had gone from one extreme to another, neither bringing me any closer to happiness. To make matters worse, I began to throw bulimia into the mix. I was addicted to control, to the point where I lost all semblance of it.

And then, my choir teacher saved me. Ms. Borton asked me to stay after class one day, and I instantly knew it was about my weight.

She smiled at me with a pained expression that knew the answer to the question she was about to ask.

"Are you okay?"

I immediately started crying. For what felt like the first time, someone approached me with no judgment.

Ms. Borton was the catalyst for my recovery, but I wouldn't have gotten out of the hole I dug for myself without the support of friends and family, as well as a lot of hard work inside my own brain. It all happened slowly but surely, and only because I was ready. I began to eat more regularly, exercise less desperately, and develop a routine focused on health rather than shape or size.

I will always be both Fat Tyler and Skinny Tyler. Both have shaped me into who I am today. Over the course of a few years, I was able to begin finding peace with my body as just Tyler.

My eating disorder never really went away for good. It makes a comeback when you least expect it. It wears on you when you try on clothes. It bobs up when everyone wants to get into the hot tub. It promises that it's the solution for all of your moments of discomfort. And the hard thing is, in your mind, it seems like it totally could be.

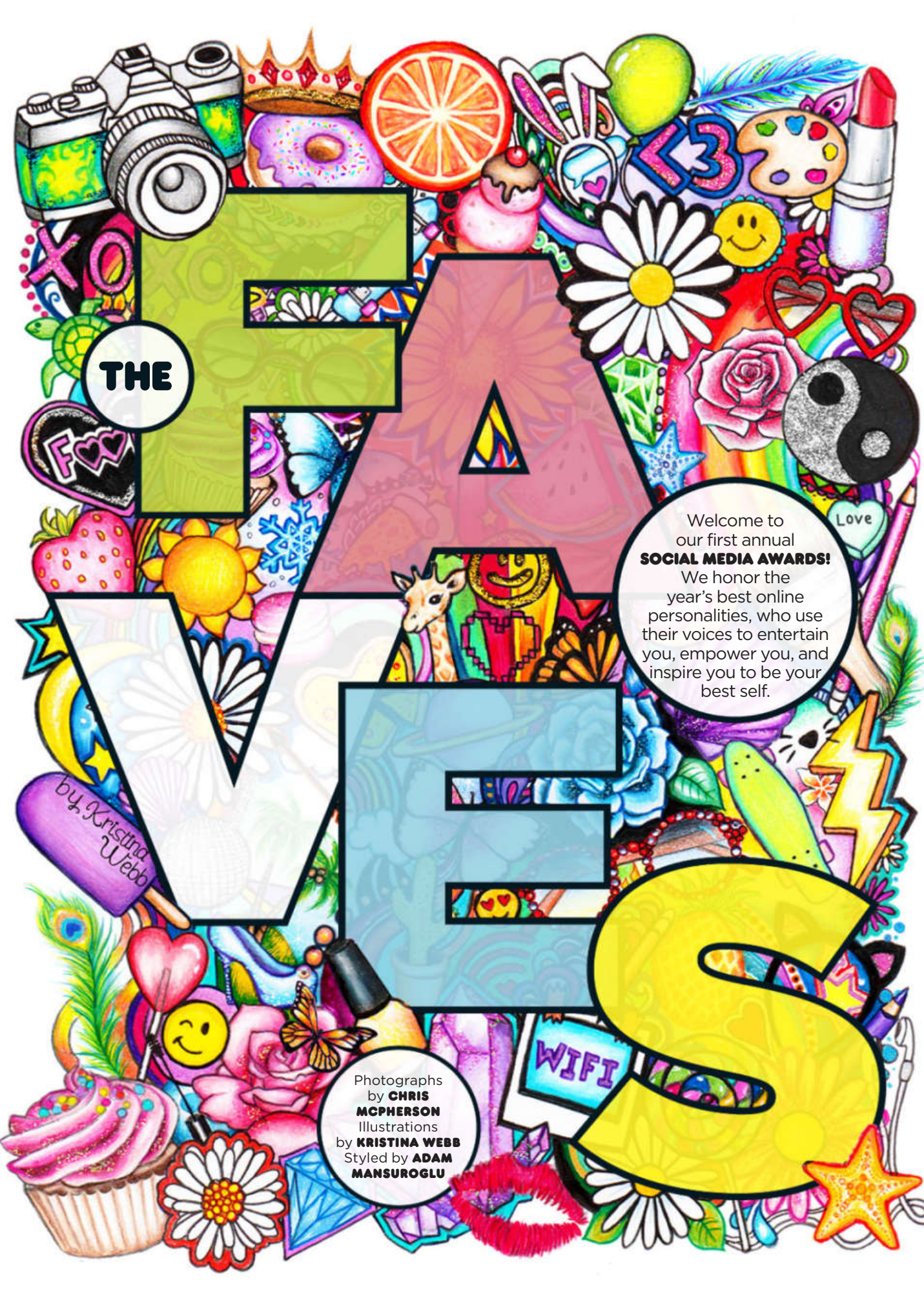
But an eating disorder isn't about how thin you actually are, it's about how you feel in your own skin. Every mirror is a funhouse mirror, reflecting not reality, but your own distorted insecurities. Over time, your brain gets better at flattening out those warped mirrors, and you begin to see yourself for who you are. Your brain also gets better at realizing those few extra pounds aren't a matter of life and death. This is something I still deal with now a decade later, but I'm getting better at it.

From Binge *by Tyler Oakley. Copyright © 2015 by My People Entertainment, Inc. Reprinted by permission of Gallery Books, an imprint of Simon & Schuster, Inc.*



To anyone living with an eating disorder, "You are not alone," says Tyler. "How you feel is valid, but there are healthy ways to fix that." If you're struggling with body issues, contact the **National Eating Disorders Association's Live Helpline** at 800-931-2237.

SWEATER Whistles, whistles.com. *SHIRT* American Eagle Outfitters, ae.com. *PANTS* BoohooMAN, boohoo.com. *SHOES* adidas Originals, adidas.com (similar styles).



GUTOWSKI; (MANICURE) RICHMAN USING ORIBE AT STARWORKS ARTISTS; (MAKEUP) KIRIN BHATTY USING SMASHBOX COSMETICS AT STARWORKS ARTISTS; (MANICURE) ELISA WISHAN.



EVA GUTOWSKI

Fave Funny Girl

"I was always the dorky one. I would dress in all these colors. I danced around in front of people awkwardly to make them uncomfortable," says Eva, 21. "But when I started on YouTube, I was afraid to show that side of me. I wanted to be like the other girls, who made their hair pretty for prom. As I did more videos, I started slipping in my humor. People really loved it. I embraced that and became the beauty girl who was also really funny. Being able to show who I really am on YouTube made me much more confident. Now I want everybody to realize that you don't have to look or be a certain way to feel good about yourself."

"I LOVE TO GIVE GIRLS COMEDY **AND INSPIRE THEM.**"

–EVA (@MYLIFEASEVA)

AMANDA STEELE

Fave Trendsetter

FOMO isn't a concern for this 16-year-old. When she went from dark brown hair to platinum, "I thought it would never work. But I decided I'm just going to do it. It's fun to change it up." She's just as fearless with her MakeupbyMandy24 vlogs. "I'm not trying to see what other YouTubers are putting out there. I want to do my own thing. I like making outfits of the week. I love fashion. And I really got into makeup. I want to try everything." Even if that means a few fails. "I have a ton of people criticizing me, making me second-guess what I'm doing when I shouldn't be perfect anyway. I should make mistakes. I'm just trying to find myself *and* be a teenage girl."

JACKET Ash Studio Paris. ***DRESS*** Zadig & Voltaire. ***SHOES*** H&M.



LOUISA WENDORFF

Fave Mash-ups

Taylor Swift is "*obsessed!*" with Louisa's "Blank Space/Style" vid—so much so that she shows it during the preshow of her 1989 concerts! "My manager jokes, 'You're on tour with Taylor without even leaving home!'" Now, Louisa, 22, is ready to make her own music."I'm moving into indie pop. I'm excited."

VEST Zadig & Voltaire. ***TOP*** Sandro. ***JEANS*** J Brand. ***RING*** (on right hand) Urbanog; (on left hand) CC Skye. ***BRACELETS*** (on left hand) Rebecca Minkoff; (on right hand) Karen Egren. ***SHOES*** Dolce Vita.



Kristina Webb

Fave Illustrator

"Art is about expressing yourself, and there is no right and wrong when it comes to that," says the New Zealand native, 20, whose bright sketches of all things adorbs—highlighted in this story!—have drawn more than 1.7 million followers to her @colour_me_creative Insta feed. (Plus, her first book, *Color Me Creative,* is out now!) "Let your imagination run wild, and don't be afraid of what other people think."



RAYMOND BRAUN

Fave Feel-Good Message

When he was 12, Raymond looked up *gay* online and "it clicked," he says. "But I felt so much shame. I thought, I'm going to get good grades and if I am successful, people will forgive me. I thought I would never come out." Now 25, Raymond is proud to be who he truly is: a voice on YouTube for LGBTQ youth. "I want to tell stories that will resonate with the 12-year-old Raymond in the closet. I want to encourage everyone to be their own self."

"THE ONLY WAY TO BE HAPPY IS TO **FOLLOW YOUR HEART.**"

–NIKI, 20, WHO COHOSTS *SEVENTEEN*'S "WHEEL OF FASHION" WITH HER TWIN



Niki & Gabi DeMartino

Fave Sister Act

Niki (left): "When we were 13, we were called hairy, ugly losers. We didn't fit in and had to transfer schools. Then we dedicated our senior year to our beauty channel—and look what it's turned into! Being bullied was a blessing in disguise."

Gabi: "Niki is the editor, and I am the brains for video. I'm not going to BS this and say we get along all the time. We definitely fight."

Niki: "We want to show girls we're not perfect twins. Also, don't let people's opinions affect you. If I did, I wouldn't be living my dream."

ON NIKI: SWEATER Chinti and Parker. ***SKIRT*** Love Leather. ***ON GABI: DRESS*** Amanda Uprichard.



STEELE AND WENDORFF: (HAIR) RYAN RICHMAN USING ORIBE AT STARWORKS ARTISTS; (MAKEUP) KIRIN BHATTY USING SMASHBOX COSMETICS AT STARWORKS ARTISTS; (MANICURE) ELISA WISHAN. BRAUN: (PHOTO) PERRY HAGOPIAN; (HAIR) NATASHA LEIBEL FOR ABTP.COM; (MAKEUP) JAMIE DORMAN FOR ABTP.COM; (MANICURE) TATYANA MOLOT FOR ABTP.COM. DeMARTINOS: (PHOTO) MARLEY KATE RIZZUTI; (HAIR) NATASHA LEIBEL FOR ABTP.COM; (MAKEUP) JAMIE DORMAN FOR ABTP.COM; (MANICURE) TATYANA MOLOT FOR ABTP.COM. WEBB: COURTESY.

SEVENTEEN.COM Raymond helps you navigate key LGBTQ issues every month.

“FOCUS ON THE THINGS **YOU LIKE ABOUT YOURSELF.**”
–GABI (@GABIFRESH)



BRANDEN HARVEY

Fave Storyteller

“It’s always fun when you see something from two perspectives,” says the photographer, 22. “People go on my Instagram to be inspired by nature or words. And Snapchat is a way to share my joyful side. My goal is to have one story every day. Some days I’m already doing interesting things, but on days that are mostly phone calls, I’m inspired to go on adventures.” As for that hair . . . “People have called it ‘the curl’ or ‘the wave.’ It’s way easier than most people expect. It takes me, like, a minute.”

Gabi Gregg

Fave Style Blogger

“Being young and stylish and having a cool lifestyle impacts girls who see me,” says Gabi, 29. It doesn’t have to be all about my body. I exist as a plus-size woman, but that’s not my only defining feature. I have a lot of interests. I’m setting an example that you can be plus-size and have a happy, normal life.”





Amanda Oleander

Fave Periscoper

Shooting live videos isn’t easy, even if you’re the app’s first big star. “Once I was laughing so hard, I drooled,” says the L.A.-based artist, 25, who uses scopes to show her painting process and connect to viewers. “I’ve wanted to be a motivational speaker. Now I can do it out of my home!”



ANNEGIEN SCHILLING

Fave Photo Edits

“I like to take pictures and be a little silly with them,” says the Dutch 15-year-old of her @fetching_tigerss fantasy world on Insta. Her inspo? “Daily life.” Wait, really? “When I’m brushing my teeth, I’ll look into the mirror and think, What if my reflection could do something really weird?”



ON TAYLOR: TOP Ash Studio Paris. *JEANS* Akira Chicago. *HAT* Missguided. *SHOES* Her own. *ON LARSEN: SWEATER* Sonia by Sonia Rykiel. *PANTS* Babyghost. *NECKLACE* Galleria Armadoro.

LARSEN THOMPSON & TAYLOR HATALA

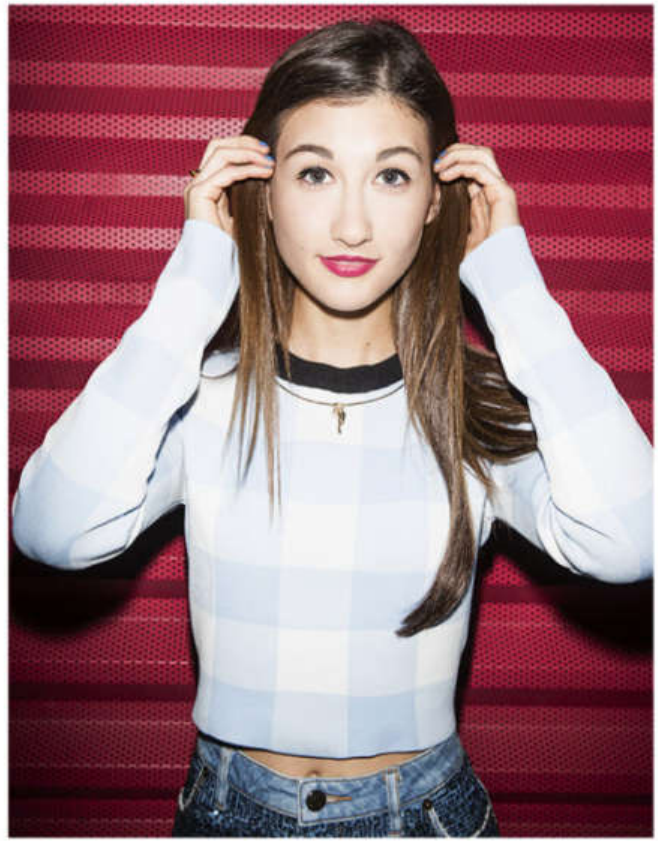
Fave Dancers

Taylor (left), 12: "We post videos to showcase what we have. Now I'm preparing for Janet Jackson's tour, which I'm blessed to have booked." **Larsen, 14:** "I miss a lot of school, but last year my counselor was Shailene Woodley's mom, so she helped me out."

MEG DEANGELIS

Fave Lifestyle Guru

"My brain hurts because it's so full of ideas—and most of them are really bad! I have to filter through which ones are realistic and which are just terrible," says the YouTuber, 20, best known as MayBaby. "But my biggest challenge is balancing my channel and other fun stuff, like a Web series or a photo shoot; having a social life; and getting enough sleep. I'm never quite doing it all."



SWEATER Urbanog. *SKIRT* Sass & Bide. *NECKLACE* Rebecca Minkoff.

Gigi Hadid

Fave Model on Insta Through her pics alone, she inspires everyone to be supportive friends, devoted sisters, and hard workers—plus not to take life too seriously. (You've seen her pic as "little bunny giii," right?) She's also all about loving what makes you different—which for her she says is her crooked tooth and beauty marks. "No one wakes up feeling perfect every day," says the 20-year-old Maybelline New York spokesmodel. "But I think confidence and presence make a woman beautiful."



HARVEY: MARIA LAMB. GREGG, HATALA SISTERS, AND DEANGELIS: JHAIRI RYAN RICHMAN USING ORIBE AT STARWORKS ARTISTS; JMAKEUP: KIRIN BHATTY USING SMASHBOX COSMETICS AT STARWORKS ARTISTS; JMANICURE: ELISA WISHAN. HADID: REX/USA/SHUTTERSTOCK. SCHILLING: COURTESY. OLEANDER: RAFAEL MOLINA.

@SEVENTEEN Watch Larsen break down one of her fave moves on our Insta!

Read My Tips

Let your polish speak for itself. Draw on words with a striping brush (try Red Carpet Manicure Nail Art Tool Kit, $12, ulta.com) or a fine-tipped Sharpie, but first make sure the polish is *totally* dry, says manicurist Stephanie Stone, who created the looks here.



OWN #MANI MONDAY

Actress—and mani mogul in the making—G HANNELIUS shows you how to turn your tips into pieces of pop art.

By Maddy Zollo Photographs by Eric Ray Davidson
Styled by Michelle Tomaszewski



THIS PAGE:
TOP G Hannelius x thestyleclub.com.
EARRINGS Tom Tom.
RINGS Sarah Magid Jewelry.
NECKLACES Stylist's own.
PHONE Samsung Galaxy S6 Edge.

OPPOSITE PAGE:
DRESS Topshop.
BELT Trash & Vaudeville.
CLUTCH Kate Spade New York x Everpurse.

Pop-arazzi

This design is ready for its close-up. Apply a base color—use Sally Hansen's ManiMatch app (free, App store) to try on shades virtually. Then outline nails with a black polish pen. Use a white one to draw a curved upside-down "!" on the side of your nail to fake a shiny reflection.



IT'S A G THING

The *Dog With a Blog* star, 16, chats about her cool app and where she gets her ideas.

What's Make Me Nails?
It's an app where you can design nail wraps. I was doing nail-art tutorials on YouTube for fun and people started responding and re-creating my designs—it inspired me to make nail art more accessible, so I teamed up with a digital marketer to develop it.

How does the app work?
Take a pic with your phone of the pattern or image you want, then size it on the app. Try uploading up to 10 images. Think a different design on each nail! You can get your wraps in less than a week.

Describe your mani style.
I'm all over the place. Sometimes I like a dainty Essie Nail Polish in Ballet Slipper ($8.50, essie.com), and other days I want a traffic-stopping neon red.

Who do you ❤ on Insta?
One of my faves is definitely @WeDreamOfIceCream—it's Kimberly Gordon's handle, the cofounder of Wildfox. She posts really dreamy photos that are great inspo for fashion, beauty, and lifestyle. Also @SincerelyJules. Her name is Julie Sariñana and she has amazing fashion pics and a great blog, and she started her own business, which I love!

If you were a social media platform, you'd be . . .
Oh I would definitely be Instagram—I'm really visual, and I love photos.



Spot On

Pump up the volume with polka dots. After painting nails, create white spots with a dotting tool or a nail polish pen (like Sally Hansen's I ❤ Nail Art Pen, $6, drugstores), then overlap a colored dot over them.

THIS PAGE:
JACKET Laer. *TOP* H&M.
HEADPHONES Beats by Dr. Dre.
SKIN FOR HEADPHONES Clique Boutique.

OPPOSITE PAGE:
JACKET Topshop.
EARRINGS Tom Tom.
PINS Stylist's own.
CAMERA Polaroid.

Hair: Nikki Lee for 901 Artists using Unite. Makeup: Mai Quynh using YSL Beauty at Starworks Artists. Manicure: Stephanie Stone for Color Club Nail Lacquer at Nailing Hollywood.



ON BILLIE:
DRESS Jonathan Cohen, fortyfiveten .com. ***JEWELRY*** Adornia, adornia.com.

ON KEKE:
JUMPSUIT Kaelen. ***JEWELRY*** Meadowlark, meadowlarkjewellery .com.

ON SKYLER:
TOP alice + olivia by Stacey Bendet, aliceandolivia.com. ***SKIRT*** Christina Economou, christina-economou.com. ***JEWELRY*** Workhorse Jewelry, workhorsejewelry.com. ***ALL BOOTS*** Stylist's own.



Scary Mates

Going Greek can be scary, but Fox's new sorority thriller, *Scream Queens*, is making it next-level cray. Get to know three of the show's stars *before it's too late...*

BY Alex Abel
PHOTOGRAPHS BY Tom Schirmacher
STYLED BY James Worthington DeMolet
HAND LETTERING BY Christa Seta



Beauty Tip

A dusting of pearlescent powder (try Dior Diorskin Nude Cosmopolite Illuminating Face Powder, $45, dior.com) on cheekbones will have you totally lighting up the room.

Keke Palmer

When she first read the script for the horror-comedy, Keke, 22, was thrilled to find out her character, misfit Zayday, isn't too serious. "She isn't a joker, but she has a bit of a funniness to her," says the actress, a self-described "very silly person." She's also very mindful. "I'm a big meditator. I do 20 minutes every morning and every afternoon." Given that her full-time job is a frightfest, what's her biggest fear? "Not allowing myself to flourish as a person. I always remind myself to be curious. You don't ever want to lose that passion and zest for life."

PLAYSUIT Alice McCall, nicdelmar.com.
JEWELRY Meadowlark, meadowlarkjewellery.com.
SHOES Raoul, raoul.com.



Billie Lourd

Here's all Billie is allowed to tell us about her character, Chanel #3: She's part of the The Chanels, the mean-girl clique led by Emma Roberts; she doesn't say much to start; and she wears earmuffs all the time. "But then this huge secret comes out about her," the NYU grad teases. "She's dark. I'm always thinking, Is my resting bitch face bitchy enough or am I resting too much?" She was a lot friendlier when it came to bonding with costar Ariana Grande off-screen. "We went camping—well, glamping—in Santa Barbara," says Billie, 23. "We rented a boat, ate cheese and salami, did some beading. Ariana brought all the crafts! She's the realest chick I've ever met."

DRESS Shoshanna, shoshanna.com. ***JEWELRY*** Adornia, adornia.com. ***SHOES*** Jimmy Choo, jimmychoo.com.



Skyler Samuels

She grew up crushing on Nick Jonas and now it blows her mind that he's one of her costars. "My inner 13-year-old is doing backflips," says Skyler, 21, who plays Grace Gardner, the leader of the misfits. Her goal: to stage a coup of the Chanel-led Kappa Kappa Tau. "Grace is very inquisitive and doesn't back down from her curiosity," she explains. "If she's determined to get answers, she will get them—even if it means putting herself in danger." Skyler brings real-life sorority experience to her role: She's in Kappa Alpha Theta at Stanford. "I thought my sorority was wild until I met Kappa Kappa Tau. It's crazier, but the female politics are very real. No matter if you're a student or an adult, you're always faced with that girl-on-girl dynamic. It can be brutal." Her coping tip? "The best advice I've ever gotten came from Miss Keke Palmer: Seek compassion and empathy with the other person. You have to practice it, but little by little, you feel less and less affected."

DRESS Bebe, bebe.com. *RINGS* (ring fingers) Makoto, makoto-chiba.com; (pointer finger) Ayaka Nishi, ayakanishi.com.

Beauty Tip

Amp up boho-glam vibes with a rich, woody scent. Gucci Bamboo ($70 for 30 ml., Sephora stores) is spiked with earthy sandalwood and amber.



"I remember going into this like, Oh, I hope everybody is cool and tight. We all get along. This is a fun show, we love the writing, we love our characters, and we don't want to get killed off!"
–Keke

ON SKYLER: DRESS Derek Lam 10 Crosby, Derek Lam 10 Crosby stores. ***JEWELRY*** Alexandra Koumba, alexandrakoumba.com. ***SHOES*** Gianvito Rossi, net-a-porter.com.
ON BILLIE: DRESS BCBGeneration, bcbgeneration.com. ***JEWELRY*** Adornia, adornia.com. ***SHOES*** Jimmy Choo, jimmychoo.com.
ON KEKE: DRESS Topshop, topshop.com. ***JEWELRY*** Meadowlark, meadowlarkjewellery.com. ***SHOES*** Tamara Mellon, tamaramellon.com.
HAIR: Gavin Harwin using John Masters Organics at Art Department. ***MAKEUP:*** Eric Polito using Chanel Les Beiges at Art Department. ***MANICURE:*** Whitney Belle, Buff Beauty Bar.

It's All About...

There's only so much you can reveal about yourself in a Snapchat story or an Instagram post. So that got us wondering **WHAT YOU THINK ABOUT . . . EVERYTHING!** We asked American Eagle Outfitters and Pantene to partner with us on a study of the attitudes and dreams of girls ages 12–17 and hired research firm Millward Brown to **GET THE UNFILTERED SCOOP.** The results were so good, we had to share! More than **700 GIRLS** answered our questions. Read on to find out how **YOUR OPINIONS** compare with theirs and discover the things that make **GENERATION Z**—that's you!—so epic.



MODEL MOMENT

Name: Nisaa (left)
Instagram: @nisaapouncey

ON NISAA: JACKET THEPERFEXT, fwrd.com. *JUMPSUIT* REDValentino, redvalentino.com. *SHOES* Raoul, raoul.com. *ON SARAH G: DRESS* Topshop Unique, us.topshop.com. *NECKLACE* BaubleBar x ale by Alessandra, baublebar.com. *BRACELET* BaubleBar, baublebar.com. *BAG* Furla, furla.com. *SHOES* Sigerson Morrison, fwrd.com. *ON TIFFANY H: JACKET* Parker, parkerny.com. *SWEATER* Comptoir des Cotonniers, call 212-460-5289 to order. *JEANS* Marc by Marc Jacobs, shopbop.com. *BACKPACK* Les Petits Joueurs, Bergdorf Goodman. *SHOES* Tommy Hilfiger, tommy.com.

YOU!

By Laura Brounstein & Andrea Stanley
Photographs by Aaron Richter
Styled by Preston Konrad for American Eagle Outfitters
Hair by Danilo for Pantene



beauty tip
Want locks this shiny? A damage-repairing conditioner is your new bestie. Try Pantene Pro-V Daily Moisture Renewal Hydrating Conditioner ($5, pantene.com).

your Happiness

The cool thing is you don't have to look far to put a smile on your face. A mirror might do it. Or your squad.

What makes you happy?



1 **Having friends you can count on**



2 **Being successful in school**



3 **Spending time with your family**



HEY, CONFIDENCE! 73% OF THE TIME YOU FEEL GOOD ABOUT YOURSELF! #ROCKSTAR



Sure, you may love Kendall, but you don't need to *be* Kendall. The least important thing when it comes to your happiness: **BEING FAMOUS.**

Who would you spend your perfect day with?

39% ▶ OF YOU SAID: **YOURSELF.** AND YOU WOULD: **GO SHOPPING!**

your Self-Image

Life can be complicated—body issues, bullies, boys. Sigh. But the good news: Overall, you're secure in who you are. Go, you!

No. 1

thing you want to be known for: **INTELLIGENCE!** (Coming in a close second is how much you **HELP OTHERS.**)



Let's talk about your body. (Give it a little more love.)

40% ▶ OF YOU ARE **HAPPY** WITH YOUR BODY

11% ▶ OF YOU CARE WHAT YOUR **CRUSH** THINKS ABOUT YOUR BODY

91% of you dress for yourself. So for anyone hating on your boho vibe? *Byeee!*

BUMMER! 45% OF YOU HAVE FELT BULLIED AT SCHOOL. AND YOU SAY GIRLS MORE THAN GUYS ARE THE CULPRIT.



MODEL MOMENT

Name: Tiffany H
Instagram: @thirth

JACKET, DRESS, SHIRT, AND BELT American Eagle Outfitters, ae.com.
HAT bebe, bebe.com.
SHOES Kenneth Cole, kennethcole.com.



YOUR CREW

75% ▶ of you say your **FRIENDS** make you feel good about yourself.

74% ▶ of you say your **FAMILY** does, too! But . . .

8% ▶ of you say your **CRUSH** makes you feel bad about yourself. Time to find a new one in 3, 2, 1 . . .

beauty tip

Turn up your style with cool rope-braid accents. "Twist two small sections around each other, secure the ends with clear elastics, then use a dollop of Pantene Pro-V Stylers All in One Styling Balm ($6, pantene.com) to set them," Danilo says.

MODEL MOMENT

Name: Sarah G
Instagram: @sarahg_official

COAT Banana Republic, bananarepublic.com. *TOP* For Love & Lemons, forloveandlemons.com. *SKIRT* American Eagle Outfitters, ae.com. *NECKLACE* Stella & Dot, stelladot.com. *BAG* Marc by Marc Jacobs, marcjacobs.com.

your Relation

Whether you're interacting online or in person, friends and family get most liked status. And when it comes to dating—hello, you've got standards.



beauty tip
Stiff, sticky ringlets are the worst. Make yours soft and defined with Pantene Pro-V Curl Perfection No Crunch Curls Whip ($8, pantene.com).

LOWDOWN ON LOVE

79% of you are **SINGLE.**

55% of you **ENJOY** being single.

44% of you let your crush make the **FIRST MOVE.**

28% of you are unsure if you want to **GET MARRIED.**

How far have you gone?

42% of you have already shared **A KISS.**

15% of you have **HAD SEX.**

YOUR SOCIAL GAME

46% of you like to post pics of friends.

26% of you post pics to make your besties laugh.

23% of you post pics in hopes of getting a lot of likes.

P.S. **21%** of you don't post *any* pics online!

85% ▶ OF YOU ARE CLOSE TO YOUR **PARENTS.**

MODEL MOMENT

Name: Ryland Patterson (left)
Instagram: @chugsterr

Name: Raven Lyn Corneil
Instagram: @theravenlyn

ON RYLAND: JACKET AND JEANS American Eagle Outfitters, ae.com. ***SWEATSHIRT*** Plac, Saks Fifth Avenue. ***SUNGLASSES*** Ray-Ban, Sunglass Hut. ***SHOES*** Vans, vans.com. ***ON RAVEN: JACKET*** FoundRae, foundrae.com. ***TOP*** Hemant & Nandita. ***SKIRT*** Pam & Gela, pamandgela.com. ***BRACELET*** Reiss, reiss.com. ***SHOES*** American Eagle Outfitters, ae.com.

ships

79% of you would text, not call, when you need to chat with a friend.

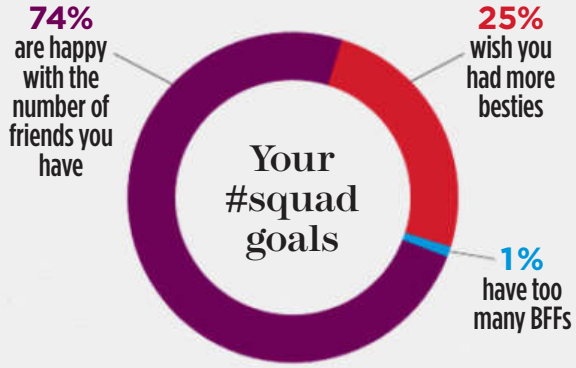


YIKES! 77% OF YOU THINK ABOUT FRIEND DRAMA ALL OR SOME OF THE TIME.

MODEL MOMENT

Name: Kelly Cadden
Instagram: @kellycadden

JACKET [BLANK NYC], blanknyc.com. ***TEE*** Design History, Design History. ***LEGGINGS*** American Eagle Outiftters, ae.com. ***NECKLACE*** Banana Republic, bananarepublic.com. ***RINGS*** (left hand, sold as set), nOir Jewelry, noirnyc.com; (right hand) Stella & Bow, stellaandbow.com. ***SHOES*** Golden Goose Deluxe Brand, goldengoosedeluxebrand.com.



your World

The Selfie Generation? Maybe. But big issues, like gender equality, are also on your mind.

What's keeping you up at night?

1. The environment
2. Civil unrest
3. The economy
4. Terrorism

P.S. **25%** of you report you're worried about a **ZOMBIE APOCALYPSE.** *Ummm* . . . seriously?

BOYS VS. GIRLS

74% of you say boys and girls are equally capable of being **PRESIDENT.**

73% of you say boys and girls both make good **BOSSES.**

27% of you say girls are **SMARTER** than boys.



beauty tip

Rock a lob by donating eight inches of hair (or $8 if you're scissors-shy) as part of the Pantene Beautiful Lengths #8or8 challenge. Go to BeautifulLengths.com for more details.

ON KELLY: BLAZER American Eagle Outfitters, ae.com. ***TEE*** Somedays Lovin, Pacsun stores. ***PANTS*** Mossimo for Target, target.com. ***BRACELET*** American Eagle Outfitters, ae.com. ***ON NISAA: SWEATER*** Hemant & Nandita. ***SKIRT*** XOXO, target.com. ***SUNGLASSES*** Westward Leaning, westwardleaning.com. ***NECKLACE AND RING*** Swarovski, swarovski.com.

SAY *WHA?!?*
3% OF YOU FEEL THAT MEN SHOULD BE PAID MORE THAN WOMEN. THAT'S 3 PERCENT TOO MANY.

VEST AND JEANS American Eagle Outfitters, ae.com. ***TOP*** Ronny Kobo, ronnykobo.com. ***NECKLACE*** Stylist's own. ***RINGS*** Stella & Bow, stellaandbow.com. ***SHOES*** Dolce Vita, dolcevita.com.

HAIR: Danilo, Pantene Global Ambassador and celebrity stylist. ***MAKEUP:*** Jenny Kanavaros using YSL Rouge Pur Couture at Honey Artists. ***MANICURE:*** Manicurist Julie Kandalec for Dior Vernis.



57% ▶ **OF YOU SUPPORT A CAUSE WHEN YOU HAVE A PERSONAL CONNECTION TO IT.**

What do you want to be seen as an expert in?

37% fashion + beauty

29% health + fitness

91% of you are stressing about your grades all or some of the time.

67% of you feel confident **SPEAKING YOUR MIND.** #BOSS

your Purpose

When it comes to the future, you have big dreams: to give back, make a difference, and change the world.

What is most important when thinking about **your career**?

- **38%** how much I'll enjoy it
- **18%** how much money I can make
- **17%** how much I'll be fulfilled by what I'm doing
- **15%** how much good I can do
- **10%** I'm not thinking about my career yet
- **2%** whether it will make me famous

IRATIMA

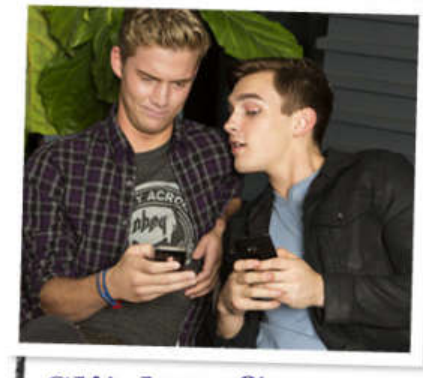


HORROR STORY

"I'm a really jumpy person, but my friends persuaded me to go to a haunted house with them. It was fine until a man in a mask popped up out of nowhere and I jerked back, elbowing my friend in the nose! I hit her hard enough to make her head slam against a fence. It was so bad that the man got out of character to ask if she was okay! Before we could even recover, someone else jumped out, and I freaked again, pulling all three of my friends into the mud. They had to stop people from coming through the maze by shouting, 'Hold the line! We have a four-car pileup!' Never. Again."

Oh. My. Awkward.

RAMA



Forbidden Fruit

"My class went apple picking, and I tried to impress my crush by climbing a tree to pick ones no one else could reach. I didn't realize there was a beehive in the branches, so when I pulled one, a swarm attacked me. Instead of an armload of apples, I climbed down with an arm full of bee stings!"

STRIKE ONE

"My friends and I went bowling with our crushes for my birthday. I was flirting with mine all night and really thought it was going well. When I went to bowl, I turned around to give him a flirty smile and make sure he was watching, but I slipped and the ball hit my chin as I fell to the ground! I was bruised for days."



Glitchcraft

"I had screenshots of flirty texts from my crush on my phone, and one night I was sending a message with three of them to my friend, but I accidentally sent it to the guy! Not only were the messages about a month old, but they were also from different conversations. I didn't know how to explain why I sent him our old messages, so I ended up texting this huge thing about my phone being glitchy. He clearly didn't believe me because he never responded! It was so awkward."



WATER FRIGHT

"Last Halloween my best friend and I were invited to a backyard party at an upperclass guy's house. We were so excited to go! She went as a devil, and I went as an angel, so my outfit was sheer and flowy. The party was so much fun until one of the boys decided to start a water fight. I didn't just get drenched: My shirt became entirely see-through! Not so angelic—and totally mortifying."

A LOOK TIE-DYE FOR

"I was in the airport with my sister and was wearing the cutest outfit: brand-new white skinny jeans and a white shirt. We both got smoothies before we sat down to wait for our flight. I got strawberry. For some reason, I decided to take the lid off for a second, but I lost my grip. The whole thing spilled all over my new white pants! I shrieked and everyone around us noticed and turned to look. I ran to the bathroom to try to get cleaned up, but there was no getting it out. A girl even came up to me, all rude, saying, 'I like your tie-dye pants.' So I had to wear stained strawberry-smelling pants until we got to our destination! I still cringe thinking about it."

–SOFIA CARSON



MAIN PHOTOS: (GIRL) MICHAEL HAUPTMAN/TRUNK ARCHIVE; (GUYS WITH PHONE) CHEYENNE ELLIS. (MODELS IN MAIN PHOTOS USED FOR ILLUSTRATIVE PURPOSES ONLY.) STILL LIFES: (WATER GUN) SEB OLIVER/GETTY IMAGES; (BOWLING BALL) STOCKBYTE/GETTY IMAGES. CARSON: JUAN NAHARRO GIMENEZ/GETTY IMAGES.

HOROSCOPES

By Sally Brompton

Aquarius

Jan 20–Feb 18

Online trolls and haters have been getting you down, but when a rando girl throws shade at you on the 12th, that will be the last straw. With a push from the sun and your ruler, Uranus, you'll decide to go off-line for a bit to restore your sanity and serenity. Face-to-face time with your besties will do the trick!

Pisces

Feb 19–Mar 20

Your first impression of a new guy at school may be on the blah side, but keep an open mind. Sure, on the *surface* he's not your type, but you two have stuff in common on a deeper level. By the 23rd, as love planet Venus comes alive, you guys could be spending lots of time together, as just friends . . . or something more.

Aries

Mar 21–Apr 19

If you've been waiting for a special occasion to throw a big bash, no need! Your ruler, Mercury, will be fierce on the 17th, and your entire squad will be ready, willing, and able to make one happen. You'll be in charge of planning (obvs), but you won't have to shoulder the cost all on your own. Your pals will definitely pitch in!

Taurus

Apr 20–May 20

Reality check! Your closet needs an epic clear-out. It's packed with clothes you know you never *ever* wear. Practical Saturn will be strong on the 11th, so it'll be the perfect day to sort and toss. You'll feel so amaze when you have space for new things! To boost those good vibes even more, donate the castoffs to charity.

Gemini

May 21–Jun 20

After a triumph at school on the 13th, you'll be ready to celebrate! With a new moon in Libra, you'll feel the most energized by an activity that's kinda silly—think something fun you did as a kid, like hula-hooping, hopscotch, or roller-skating. Your girls may be all "Huh?" at first, but soon they'll get into it. Have a blast!

Cancer

Jun 21–Jul 22

Procrastination is the worst, *amirite*? A project has been hanging over your head forever, but you haven't been able to tap into your creative mojo. Thankfully, the sun will shift in your favor on the 23rd, giving you the nudge you need to get started. After that, you'll find your flow in no time flat. #highfive.

Leo

Jul 23–Aug 22

Holy mood swings, Leo! Thanks to the sun and Pluto, you could go from a scaredy-cat to a cuddly kitten to a mighty lioness all in one day. (See: the 6th.) Luckily for you— and your seriously freaked-out friends—you'll return to purr-fect form on the 25th. Not just that: You could meet a hottie that day too!

Virgo

Aug 23–Sep 22

You've got a signature style you rarely waver from and for good reason: You always look chic! But with Jupiter and Mars in your sign now, you'll be scrolling for #OOTD inspo like nobody's business. Whether you just tweak your look or amp it up in a big way, the results will be super-cool. You'll inspire your whole crew!

Libra

Sep 23–Oct 22

You know how you love your bestie to death, but every once in a while she annoys the *crap* out of you? Well, one of those days is coming—the 9th, to be exact. With Mercury in your sign, you could snap at her big-time, so remind yourself of all her good qualities . . . or maybe just make plans with a different friend instead?

Scorpio

Oct 23–Nov 21

When you're at a major event on the 11th, you could fall so deep into the pic-posting zone that you miss the fun right in front of you. (*Psst:* With so much star quality, you'll score coverage all over Insta without having to snap a single selfie.) Once you turn off that phone, you'll be able to make a game-changing connection!

Sagittarius

Nov 22–Dec 21

You get that everyone has different tastes when it comes to baes, but when you see a sweet pal getting dazzled by a total player on the 17th, you'll have to step up and warn her. Thanks to Mars, her judgment may be off, but she *will* listen to you. She knows you have best interests at heart . . . even if you can be a bit, um, blunt.

Capricorn

Dec 22–Jan 19

During the full moon on the 27th, you'll get a jolt after an innocent glance at a friend's phone or social. Turns out that someone you're into has been chatting with *her* too. Before jumping to any conclusions, channel your calm side and just ask what's up. If she knows you're crushing hard, she'll back off.

LETTERS ILLUSTRATION: SAMANTHA HAHN/WWW.SAMANTHAHAHN.COM. GET YOUR IN-DEPTH HOROSCOPE AND MORE AT SALLYBROMPTON.COM.

Illustration by Samantha Hahn

ENTER FOR A CHANCE TO WIN...

TRICK-OR-TREAT!

15 readers will score a haul of *Seventeen* candy from IT'SUGAR. [SWEET]











BOOK CLUB

100 readers will snag one of these social stars' works.

1 ***Humans of New York: Stories*** **by Brandon Stanton [HONY]**

2 ***Color Me Creative*** **by Kristina Webb [DESIGN]**

3 ***Really Professional Internet Person*** **by Jenn McAllister [LOL]**

4 ***A Work in Progress*** **by Connor Franta [MEMOIR]**

HOW TO ENTER: Starting September 8, log on to **seventeen.com/freebies** to find all prizes from this issue. Enter your info and the code word in brackets to be eligible to win. Each Freebie will be live through October 19. See right for details.

STILL LIFES: (CANDY) BEN GOLDSTEIN/STUDIO D; (*HUMANS OF NEW YORK: STORIES*) COURTESY OF ST. MARTIN'S PRESS/MACMILLAN; (*COLOR ME CREATIVE*) COURTESY OF HARPER COLLINS; (*REALLY PROFESSIONAL INTERNET PERSON*) COURTESY OF SCHOLASTIC; (*A WORK IN PROGRESS*) COURTESY OF KEYWORDS PRESS/ATRIA PUBLISHING GROUP. BOOK: MALERAPASO/GETTY IMAGES. PROP STYLIST: (CANDY) SABRINA GRANDE.

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NO PURCHASE NECESSARY TO ENTER OR WIN. Sponsored by Hearst Communications, Inc. Must be female, between the ages of 13 and 29, and a legal resident of the 50 United States, District of Columbia, or Canada. Void in Puerto Rico, Quebec Province, and where prohibited by law, unless otherwise noted. Odds of winning depend on the number of eligible entries received.

HOW TO ENTER THE OCTOBER FREEBIES SWEEPSTAKES (left and page 14): **NO PURCHASE NECESSARY TO ENTER OR WIN.** Sponsored by Hearst Communications, Inc. Beginning September 8, 2015, at 12:00 A.M. ET, through October 19, 2015, at 12:00 A.M. ET, go to **seventeen.com/freebies** on a computer or wireless device and complete the entry form pursuant to the on-screen instructions. Important Notice: You may be charged for visiting the mobile Web site in accordance with the terms of your service agreement with your carrier. Odds of winning will depend upon the total number of eligible entries received. Fifteen (15) Winners will each receive an assortment of *Seventeen*-branded candy from IT'SUGAR, courtesy of *Seventeen*: $25. Twenty-five (25) Winners will each receive a copy of Brandon Stanton's *Humans of New York: Stories,* courtesy of St. Martin's Press: $29.99. Twenty-five (25) Winners will each receive a copy of Connor Franta's *A Work in Progress,* courtesy of Keywords Press/Atria Publishing Group: $16.99. Twenty-five (25) Winners will each receive a copy of Jenn McAllister's *Really Professional Internet Person,* courtesy of Scholastic: $14.99. Twenty-five (25) Winners will each receive a copy of Kristina Webb's *Color Me Creative,* courtesy of HarperCollins Publications: $14.99. Twenty-five (25) Winners will each receive a copy of Tyler Oakley's *Binge,* courtesy of Tyler Oakley: $24. Twenty-five (25) Winners will each receive a copy of Zoe Sugg's *Girl Online: On Tour,* courtesy of Keywords Press/Atria Publishing Group: $17.99. Total approximate retail value: $3,348.75. Open to legal residents of the 50 United States and the District of Columbia, ages 13–29 in their state or territory of residence at time of entry. Legal residents of Canada (excluding Quebec) who have reached the aforementioned age in their province of residence at time of entry are also eligible to enter. Void in Puerto Rico and where prohibited by law. Sweepstakes subject to complete Official Rules available at **seventeen.com/freebies**.

HOW TO ENTER THE READER-FEEDBACK SURVEY (page 10): There are two (2) ways to enter beginning December 1, 2014, at 12:01 A.M. ET, through December 31, 2015, at 11:59 P.M. ET: Go to **octobersurvey.seventeen.com** on either 1) a computer or 2) a wireless device and complete and submit the entry form pursuant to the on-screen instructions. One (1) Winner will receive a $500 American Express Gift Check; five (5) Second Place Winners will receive a $100 American Express Gift Check. Total approximate retail value: $1,000. Important Notice: You may be charged for visiting the mobile Web site in accordance with the terms of your service agreement with your carrier. Odds of winning will depend upon the total number of eligible entries received. Must have reached the age of majority and be a legal resident of the 50 United States, the District of Columbia, or Canada (excluding Quebec). Void in Puerto Rico and where prohibited by law. Sweepstakes subject to complete Official Rules available at **octobersurvey.seventeen.com**.



MYADVICE

GRACE HELBIG

The YouTube and E! star says going against the flow may be hard, but it's worth it.



"Whatever you're trying to succeed at, if you're not true to yourself, you won't make it to the top," says the comedian.

So much of life passes in a blur, but there's a moment from ninth grade that is still so clear to me. I was walking down the hall in between periods with my best friend, Rachel. We were in honors classes together and both pretty nerdy, with backpacks that weighed a million pounds and tons of anxiety. Kids from every grade were racing in the same direction, like salmon swimming upstream, when Rachel dropped her mechanical pencil. Now, this was before anyone had phones, laptops, any of that, so these pencils were pretty valuable—especially to school-supply-loving girls like us. I said in total horror, "Rachel, you dropped your pencil!" She yelled, "Leave it!" and just kept going. She was going to abandon her amazing mechanical pencil. Stopping the stream of sophomores, juniors, and seniors to retrieve it just wasn't worth it to her. I couldn't believe it.

I laugh so hard now at how ridiculous we both were. The combination of being intimidated by the high school hierarchy and our fear of outing ourselves for the nerds we were had paralyzed us. For so long, I couldn't figure out why that silly moment stayed with me so intensely. But recently, when I was working on translating my YouTube show, *It's Grace,* into *The Grace Helbig Show* on E!, I realized what the incident symbolized: the idea that you can't give up what's special about you because you think it might disrupt someone else's day.

We can all get scared and lose a piece of ourselves along the way, but you have to remember to take all of yourself with you as you move forward, or you won't succeed. I was on a show once where the producers tried making my wardrobe sexier than I like. At first, I wore a couple of tight pieces because I didn't want to rock the boat, but I felt so awkward in them that I didn't perform well. Finally, when I made it clear that sexy wasn't going to work for me, we compromised on the clothes—and my performances got better.

No matter how old you are, going with the flow can seem so much easier than standing out. But if you drop your pencil, go back and pick it up! These days, being on my own shows, I'm doing my best work because I'm really expressing who I am. It's as if I have all my pencils with me—and that feels so good.

"I became obsessed with comedy and SNL as a teen."
–Grace (here at age 13)

SEVENTEEN.COM/GRACE 17 things Grace wishes she'd known when she was 17!

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HELBIG: (MAIN PHOTO) RAMONA ROSALES.


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CHIPOTLE